Nick-A-Jack Jam



Compte: 44 Mur: 2 Niveau: Intermediate

Chorégraphe: Leslie Moore (USA)

Musique: Nickajack - River Road



1-2 3-4 5-6 7-8	Step forward at right diagonal with right foot; stomp left next to right with clap Step back into place with left foot; stomp right next to left with clap Step backward at right diagonal with right foot; stomp left next to right with clap Step forward into place with left foot; stomp right next to left with clap
1-2	Step out to right side with right foot, turning both feet outward, and turning arms upward at elbows; hold one beat
3-4	Traveling to the right, keeping feet hip distance apart, turn toes inward and arms downward at the elbows; hold one beat
5	Continue traveling to the right by turning toes outward, arms upward
6	Continue traveling to the right by turning toes inward, arms downward
7	Continue traveling to the right by turning toes outward, arms upward
8	Hold and clap
1-2	Step left to left side; touch right next to left with clap
3-4	Step right to right side; touch left next to right with clap
5-8	Left grapevine, stomping right on fourth count
1	Tap right heel forward
1 &2	Tap right heel forward Quick switch to take weight on right foot, tap left heel forward
&2	Quick switch to take weight on right foot, tap left heel forward
&2 &3	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward
&2 &3 4	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap
&2 &3 4 5-7	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap Keeping feet where they are, "unwind" ½ turn to the left
&2 &3 4 5-7 8	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap Keeping feet where they are, "unwind" ½ turn to the left Lift left toe off the floor (as if in a forward heel tap), pulling both arms back at elbows
&2 &3 4 5-7 8 &	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap Keeping feet where they are, "unwind" ½ turn to the left Lift left toe off the floor (as if in a forward heel tap), pulling both arms back at elbows Quick switch to take weight on left foot
&2 &3 4 5-7 8 &	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap Keeping feet where they are, "unwind" ½ turn to the left Lift left toe off the floor (as if in a forward heel tap), pulling both arms back at elbows Quick switch to take weight on left foot Tap right heel forward
&2 &3 4 5-7 8 & 1 &2	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap Keeping feet where they are, "unwind" ½ turn to the left Lift left toe off the floor (as if in a forward heel tap), pulling both arms back at elbows Quick switch to take weight on left foot Tap right heel forward Quick switch to take weight on right foot, tap left heel forward
&2 &3 4 5-7 8 & 1 &2 &3	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap Keeping feet where they are, "unwind" ½ turn to the left Lift left toe off the floor (as if in a forward heel tap), pulling both arms back at elbows Quick switch to take weight on left foot Tap right heel forward Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward
&2 &3 4 5-7 8 & 1 &2 &3 4	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap Keeping feet where they are, "unwind" ½ turn to the left Lift left toe off the floor (as if in a forward heel tap), pulling both arms back at elbows Quick switch to take weight on left foot Tap right heel forward Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap
 &2 &3 4 5-7 & &1 &2 &3 4 5-7 	Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap Keeping feet where they are, "unwind" ½ turn to the left Lift left toe off the floor (as if in a forward heel tap), pulling both arms back at elbows Quick switch to take weight on left foot Tap right heel forward Quick switch to take weight on right foot, tap left heel forward Quick switch to take weight on left foot, tap right heel forward Hold and clap Keeping feet where they are, "unwind" ½ turn to the left

REPEAT