Normansland 2000 (Norman's Stroll)

Compte: 32 Mur: 0 Niveau: Partner

Chorégraphe: John Sandham (ES)

(P)

Musique: Any Stroll tempo 100 -120 bpm

Position: Side-By-Side position. Footwork same for both

LEFT SHUFFLE FORWARD, RIGHT SHUFFLE FORWARD, LEFT STROLL, BRUSH

1&2 Left shuffle forward on left, right, left3&4 Right shuffle forward on right, left, right

5-7 Step left foot slightly diagonal left, step right foot behind left, step left foot forward

8 Brush right foot forward

BOX STEP, 1/4 TURN, DUCK WALK TO LEFT

1-2 Cross right foot over left, step back on left

3-4 Step right foot into ¼ turn right, step left foot beside right

Man will be standing behind lady, both will have their hands held on the lady's shoulders

5-8 Swivel both heels to left, both toes to left, both heels to left, both toes to left

BOX STEP, STEP, SLIDE, HEEL TAPS

1-2 Cross right foot over left, step back on left3-4 Step right foot to side, cross left over right

5-8 Step right foot to side, slide left foot to right as you tap left heel three times

1/4 TURN LEFT, STEP BRUSH, STEP BRUSH, WALK FORWARD

1-2 Step ¼ turn left on left foot, brush right foot forward

Partners back in Side-By-Side Position

3-4 Step forward on right foot, brush left foot forward

5-8 Walk forward on left, right, left, right

REPEAT



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