Outa Control



Compte: 48 Mur: 2 Niveau: Improver

Chorégraphe: Walt Woolbright (USA) & Linda Woolbright (USA)

Musique: Cypress Grove - The GrooveGrass Boyz



SYNCOPATED DOUBLE FOOT BOOGIES, CROSSOVERS, TURNS, CLAP

Shift weight to heels and split toes apart
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3 Cross step right foot over left foot

4 Unwind ½ turn to the left and clap hands

5-8 Repeat steps 1-4 as above

HEEL BALL CROSSES, ROCK STEP, SLOW TURN, CLAP

9 Touch right heel forward

& Step on ball of right foot next to left foot

10 Cross step left foot over right foot
11&12 Repeat steps 9&10 as above
13 Step to the right on right foot
& Rock onto left foot in place

14 Cross step right foot over left foot

15 Unwind ¼ turn to the left

16 Unwind ¼ turn to the left and clap hands

17-24 Repeat steps 9-16 as above

SIDE-TURNING SHUFFLES. TURNING COASTER STEPS

25&26 Shuffle to the right stepping right-left-right while turning 1/4 turn to the left

27 Step back on left foot

& Step right foot back next to left foot

28 Step forward on left foot with a ¼ turn to the left

29-32 Repeat steps 25-28 as above (you should have made a full turn on steps 25-32)

RIGHT AND LEFT VINES WITH SYNCOPATED FOOT STOMPS

Step to the right on right foot
 Cross step left foot behind right foot
 Step to the right on right foot
 Stomp left foot next to right foot

36 Stomp left foot next to right foot (weight stays on right foot)

37 Step to the left on left foot (you can do a rolling vine as a variation)

38 Cross step right foot behind left foot on 37-38-39 stepping ¼ turn, ¼ turn, ½ turn

39 Step to the left on left foot and two stomps)

& Stomp right foot next to left foot

40 Stomp right foot next to left foot (weight stays on left foot)

SYNCOPATED ROCK STEPS, MILITARY TURN, SYNCOPATED ROCK STEPS, STOMPS

41 Rock forward on right foot while lifting left foot slightly

& Step back onto left foot in place

42 Rock back on right foot while lifting left foot slightly

& Step forward onto left foot in place

43 Step forward on right foot

44 Pivot ½ turn to the left on ball of right foot and shift weight to left foot

45&46& Repeat 41&42& as above

47 Stomp right foot next to left foot

48 Stomp right foot next to left foot (while putting weight on both feet)

REPEAT