Pismo Push

Compte: 32

1-4

Niveau: Intermediate

Chorégraphe: Lori Wong (USA)

Musique: Just Like a Rodeo - John Michael Montgomery

brush and begin crossing over right

RIGHT BACK, LEFT BACK-TOGETHER-FORWARD:



&5-6 Pivot on ball of right foot ½ turn to the right (facing reverse start of dance); step left down in front of right; right step back Coaster step: left step back; right step next to left; left step forward 7&8 RIGHT POINT, STEP, LEFT POINT, STEP RIGHT POINT, ½ TURN RIGHT, LEFT POINT, LEFT **TOGETHER (MONTEREY TURN):** 1-4 Right point toe to right side; right step forward; left point toe to left side; left step forward 5-6 Monterey turn: right point toe to right side; as right toe returns, pivot on left ¹/₂ turn to right & change weight to right foot 7-8 Left point to left side; left step next to right (weight is on left, facing start of dance) **RIGHT SYNCOPATED GRAPEVINE:** 1-2 Right step right; left step behind right &3-4 Right step right; left cross step over right; right step right LEFT GRAPEVINE WITH ¼ TURN LEFT: 5-6 Left step left; right step behind left 7-8 Left step 1/4 turn left; right touch next to left SHIMMY "PISMO-PUSH" FORWARD 45 DEGREES TO RIGHT: Right step forward 45 degrees to right; bump right hip forward; bump right hip forward; bump 1-4 right hip forward (push-push-push)

ROCK FORWARD LEFT, CENTER, LEFT BACK, CENTER:

- 5-6 Left rock step forward; right step center
- 7-8 Left rock step back; right step center

REPEAT

Mur: 4

Left cross step in front of right; right brush next to left; right cross step in front of left; left

LEFT CROSS, RIGHT SCUFF, RIGHT CROSS, LEFT SCUFF & ½ TURN TO RIGHT, LEFT FORWARD,