Porushka Poranya



Compte: 32 Mur: 4 Niveau: Beginner

Chorégraphe: Gary Lafferty (UK)

Musique: Porushka-Paranya - Bering Strait



THE INTRO

There is a 32-count vocal intro to the music. Then dance 'the intro' once, then start 'the dance' just as the music kicks in with the fiddle!

STEP, CLAP-CLAP, STEP, CLAP-CLAP, STEP, ¼ TURN, STEP, ¼ TURN

1&2 Step forward on right foot, clap, clap3&4 Step forward on left foot, clap, clap

5-6 Step forward on right foot, pivot ¼ turn to left 7-8 Step forward on right foot, pivot ¼ turn to left

STEP, CLAP-CLAP, STEP, CLAP-CLAP, ROCK FORWARD, RECOVER, TRIPLE ½ TURN

1&2 Step forward on right foot, clap, clap 3&4 Step forward on left foot, clap, clap

5-6 Rock forward on right foot, recover weight back onto left foot

7&8 Shuffle back turning ½ turn over right shoulder

THE DANCE

LEFT SHUFFLE, STEP FORWARD, 1/2 TURN, HEEL SWITCHES, CLAP, CLAP

1&2 Left shuffle forward

3-4 Step forward on right foot, pivot ½ turn to left

5&6 Touch right heel forward, step on right foot beside left, touch left heel forward

&7&8 Step on left foot beside right, touch right heel forward, clap, clap

RIGHT SHUFFLE BACK, ROCK STEP, STEP, BRUSH, STEP, BRUSH

1&2 Right shuffle back

3-4 Rock back on left foot, recover weight onto right foot
5-6 Step forward on left foot, brush right foot forward
7-8 Step forward on right foot, brush left foot forward

ROCK FORWARD, RECOVER, 1/4 TURN, TOUCH, FULL ROLLING TURN TO RIGHT, TOUCH/CLAP

1-2 Rock forward on left foot, recover weight back onto right foot 3-4 Turn ¼ left stepping to left on left foot, touch right beside left

5-7 Full rolling turn to right

8 Touch left foot beside right & clap

SIDE, TOGETHER, FORWARD, HEEL-SPLIT, ROCK FORWARD, RECOVER, TRIPLE 1/2 TURN

1-2 Step to left on left foot, step on right foot beside left

Step forward on left foot, split heels apart, bring heels together
Rock forward on right foot, recover weight back onto left foot

7&8 Shuffle back turning ½ turn over right shoulder

REPEAT

FINISH

After dancing 8 complete walls the music will come to a complete stop. You will be facing the home wall & here you will hold for a couple of seconds until the music kicks in again. Then do the 9th & final wall to finish (change the last triple ½ turn to a triple ¾ turn to ensure that you end facing front for a "nice" finish!)

