

# Powerful Thing

Compte: 32

Mur: 4

Niveau: Intermediate/Advanced

Chorégraphe: Sandi Brooks (USA)

Musique: Powerful Thing - Trisha Yearwood



## HEEL KICKS TO THE FRONT (RIGHT, LEFT, 2 RIGHT, LEFT, RIGHT, 2 LEFT)

- 1& Tap right heel forward, bring right back next to left/center
- 2& Tap left heel forward, bring left back next to right/center
- 3-4 Tap right heel forward 2 times
- & Bring right next to left/center
- 5& Tap left heel forward, bring left back next to right/center
- 6& Tap right heel forward, bring right back next to left/center
- 7-8 Tap left heel forward 2 times

## CRACKER JACK JUMPS & FORWARD ROCK STEP

- &-1 Jump left back and to the left while tapping right heel forward and at a 45 degree angle to the right
- 2 Jump both feet to together/center (underneath your body)
- &-3 Jump right slightly back and to the right, while tapping the left heel forward and at a 45 degree angle to the left
- 4 Jump both feet to together/center (underneath your body)
- &-5 Jump left slightly back and to the left while tapping right heel forward and at a 45 degree angle to the right
- 5 Jump both feet to together/center (underneath your body)
- 7-8 Rock forward on the right (getting momentum to spin), shift weight to left foot

## 2 PIVOT TURNS, RIGHT COASTER, LEFT KICK BALL CHANGE, LEFT TRIPLE STEP WITH ½ TURN LEFT

- 1 Turn a ½ turn to the right stepping forward on right foot
- 2 Turn another ½ turn to the right stepping back on left, foot (this finishes the full turn)
- 3&4 Step back on right, step back on left, step forward on right
- 5&6 Left kick ball change
- 7&8 Step forward on left, slide right foot up to heel of left, step forward on left turning a ½ turn left

## BACK RIGHT TRIPLE STEP, LEFT ROCK STEP, FORWARD LEFT TRIPLE STEP, ¾ SPIN TO THE LEFT

- 1 Step back on the ball of the right foot
- & Slide left foot back to toe of right
- 2 Step/slide right back
- 3-4 Rock back on left, step/shift weight to right
- 5&6 Step forward on left, slide right foot up to heel of left, step forward on left
- 7-8 Spin a ¾ turn to left

## REPEAT