Put A Little Love In Your Heart



Compte: 32 Mur: 4 Niveau: Improver social cha

Chorégraphe: Sue Marshall (UK)

Musique: Put a Little Love In Your Heart - Anne Murray



RIGHT STOMPS OUT & IN, KICK, KICK, STOMP, AND REPEAT ON LEFT FOOT

Stomp right to right side
Stomp right next to left

3&4 Two low kicks forward with right foot, stomp right next to left

5 Stomp left to left side6 Stomp left next to right

7&8 Two low kicks forward with left foot, stomp left next to right

RIGHT, LOCK, RIGHT-LOCK-RIGHT, FULL ROLLING TURN LEFT, CLAP, CLAP

Step right forward towards right diagonal

2 Lock left behind right

3&4 Step right forward, lock left behind right, step right forward

5-6-7&8 Full turn left stepping left, right, left, clap, clap

To avoid the full turn dance a left vine ending with claps

RIGHT SIDE, CLOSE, SIDE-CLOSE-SIDE, HALF TURN, LEFT SIDE, CLOSE, SIDE-CLOSE-SIDE

1-2 Step right to right side, close left to right

3&4 Step right to right, close left to right, step right to right

& On ball of right pivot half turn right5-6 Step left to left side, close right to left

7&8 Step left to left, close right to left, step left to left

RIGHT MONTERAY QUARTER TURN, KICK, STEP BACK, COASTER STEP

1 Touch right toe to right side

2 Pivot ¼ turn right on ball of left, stepping right beside left

3-4 Touch left toe to left side, step left next to right5-6 Kick right foot forward, step back on right

7&8 Step back on left, step right next to left, step forward on left

REPEAT

RESTART

On 5th wall, dance first 8 steps only (stomps and kicks) then restart dance at beginning Variation for last 8 steps for more advanced dancers

MODIFIED MONTERAY QUARTER TURN, KICK-BALL-CHANGE, COASTER STEP

1 Point right toe to right side

2 Pivot ¼ turn right on ball on left, stepping right beside left

3& Point left to left side, step left next to right4& Dig right heel forward, step right next to left

5&6 Kick left forward, step down on ball of left, step right next to left 7&8 Step back on left, step right next to left, step forward on left