A Quick Little Dance (P)

Niveau: Partner

Chorégraphe: Jeff Mills (UK) & Thelma Mills (UK)

Musique: Blues About You Baby - Delbert McClinton

Position: Right Open Promenade position, Holding Inside Hands Mans footwork listed, lady's opposite throughout. Both start with weight on inside feet

WALK X 3, HITCH, ROCK STEPS TWICE

Compte: 48

- 1-4 Walk forward left, right, left, hitch right
- 5-6 Step & rock forward onto right, recover weight on left
- 7-8 Step & rock back on right, recover onto left

MAN: STEP FORWARD, HOLD, ½ TURN LEFT, HOLD, REPEAT WITH ¼ TURN / LADY: STEP FORWARD, HOLD, 1/2 TURN RIGHT, HOLD, REPEAT WITH 1/4 TURN

- 9-10 MAN: Step forward onto right, hold
- LADY: Step forward onto left, hold 11-12 MAN: Turn 1/2 turn left to face RLOD, hold
- LADY: Turn 1/2 turn right to face RLOD, hold
- 13-14 MAN: Step forward onto right, hold
- LADY: Step forward onto left, hold
- 15-16 MAN: Turn 1/4 turn left to face OLOD, hold
- LADY: Turn 1/4 turn right to face ILOD, hold

HANDS:

- 9 Point inside hands forward
- 12 Man pick up lady's right hand with his left
- 13 Release mans right & lady's left hands
- 16 Man picks up lady's left hand with his right
- Man & lady now facing each other

CROSS ROCK, TOGETHER, HOLD, REPEAT WITH ¼ TURN

- 17-18 Cross rock right over left, recover weight onto left
- 19-20 Step right next to left, hold
- 21-22 Cross rock left over right, recover weight onto right
- MAN: Step left ¼ turn left into LOD, hold 23-24
 - LADY: Step right 1/4 turn right into LOD, hold

TOE, HEEL, CROSS, HOLD TWICE

- 25-26 Touch right toe to left instep, touch right heel to left instep
- 27-28 Cross right over left, hold
- 29-30 Touch left toe to right instep, touch left heel to right instep
- 31-32 Cross left over right, hold

HEEL FORWARD, HOLD, TOE BACK, HOLD, STEP SLIDE, STEP TOUCH

- 33-34 Touch right heel forward, hold
- 35-36 Touch right toe back, hold
- 37-38 Step forward on right, slide left next to right
- 39-40 Step forward on right, touch left next to right

HANDS:

- 33 Point inside hands forward
- 35 Point inside hands to rear





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MAN: LEFT VINE, TOUCH, RIGHT VINE, TOUCH / LADY: RIGHT VINE, TOUCH, 3 STEP TURN LEFT, TOUCH

- 41-42 **MAN:** Step left to left side, step right behind left
- LADY: Step right to right side, step left behind right
- 43-44 **MAN:** Step left to left side, touch right next to left
 - LADY: Step right to right side, touch left next to right
- 45-46 **MAN:** Step right to right side, step left behind right
- LADY: Step left to left side, step right behind left
- 47-48 **MAN:** Step right to right side, touch left next to right LADY: Step left to left side, touch right next to left

During counts 41-44 keep hold of inside hands. On count 45, release inside hands & pick back up on count 48 to return to open promenade position

REPEAT

Beats 45-47 in heading for lady are described as a three step turn, but steps are shown as an ordinary vine, so the lady has a choice