# Ready-Steady



Compte: 48 Mur: 4 Niveau: Intermediate

Chorégraphe: Chris Hodgson (UK)

Musique: I Get So Rattled - Jill Morris



#### HEEL-BALL-CHANGE (TWICE), ROCK STEP/COASTER STEP (RIGHT AND LEFT)

1&2 Touch right heel forward, step right together, step left in place

3&4 Repeat counts 1&2

5-6 Rock right forward, recover onto left

7&8 Step right back, step left together, step right forward

9-16 Repeat counts 1-8 starting with left foot

#### SHUFFLE FORWARD, ½ TURN RIGHT, SHUFFLE FORWARD, ½ TURN LEFT

17&18 Shuffle forward right, left, right

19-20 Step left forward, turn ½ right (weight to right)

21&22 Shuffle forward left, right, left

23-24 Step right forward, turn ½ left (weight to left)

#### SIDE TOUCHES AND CROSS STEPS (FORWARD AND BACK)

Touch right to side, cross right over left
Touch left to side, cross/touch left over right
Touch left to side, cross left behind right
Touch right to side, cross/touch right behind left

Finger snaps can be added on counts 25-32

### SIDE ROCK, SYNCOPATED ROCK STEP, SYNCOPATED ½ TURN LEFT, STEP-STEP

33-34 Rock right to side, recover onto left

&35-36 Step right in place, rock left to side, recover onto right

&37-38 Step left together, step right forward, turn ½ left (weight to left)

39-40 Step right forward, step left forward

# SYNCOPATED STEPS (FORWARD-BACK) AND CLAPS, STEP ½ TURN, STEP ¼ TURN

&41 Small step right forward, small step left forward

42 Clap

&43 Small step right back, small step left back

44 Clap

45-46 Step right forward, turn ½ left (weight to left) 47-48 Step right forward, turn ¼ left (weight to left)

## **REPEAT**