Ready, Set, Go



Compte: 50 Mur: 2 Niveau: Intermediate

Chorégraphe: Lynn Murphy-Connolly

Musique: Ready to Run - The Chicks



& HOP ON LEFT, REEL STEPS TRAVELING TO LEFT SIDE

& Crossing right behind left foot

1-2 Cross right, step left3-4 Cross right, step left5-6 Cross right, step left

7 Cross right behind left (weight is now on right)

Sailor steps can be used as an option. Or hop three times on 1&2 and on 3&4

HOP 1,2,3, HOP 1,2,3 (ALL HOPS ARE ON THE & COUNTS)

&8 Hop on right foot, step left(crossed behind right foot)

9-10 Rock right forward, back on left&11 Hop on left foot, step right

12-13 Rock left forward, back on right foot

14-26 Repeat the reel steps in counts 11-13 to the right side

SYNCOPATED ELECTRIC KICKS

27&28 Step back with right, step left forward, step right forward &29&30 Step with left foot, step right back, step left forward, step right

SWAY LEFT-RIGHT-LEFT-RIGHT

31-32 Sway to left side, sway to right side 33-34 Sway to left side, sway to right side

SHUFFLE AS YOU DO A 1/2 TO THE LEFT

35&36 Shuffle left, right, left

37&38 Shuffle right, left, right (now facing 6:00)

39&40 Shuffle left, right, left(this last set done in place)

41&42 Shuffle right, left, right

RUNNING MAN STEPS, SWIVETS TO LEFT THEN TO RIGHT

Step left, scoot back on left, step right scoot back on right Step left, scoot back on left, step right scoot back on right

47&48 Swivets to left (toes toward left side)

Swivets to right (toes toward right side, weight on right foot to finish) left thumb over left

shoulder, right thumb over right shoulder-hitchhiker style

REPEAT