Recovery Steps



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: Ian Grey (UK)

Musique: 12 Step Recovery - Paul Brandt



KICK, SWITCH STEP AND TOUCH, CROSS, TOUCH. KICK, SWITCH STEP AND TOUCH, CROSS, TOUCH

1&2	Kick right out, back to	o place, while	touchina lef	t out to side
IUZ	Trick right out, back to	piace, willie	touching ich	i out to side

3-4 Cross left over right, touch right out to side

5&6 Kick right out, back to place, while touching left out to side

7-8 Cross left over right, touch right out to side

TOUCH, SCISSOR STEP, UNWIND ½ TURN

9-10	Touch right next to left, jump out (right left)
11-12	Jump in (crossing right over left), jump out (right left)
13-14	Jump in (crossing left over right), jump out (right left)
15-16	Jump in (crossing right over left), unwind half turn to left

KICK, SWITCH STEP AND TOUCH, CROSS, TOUCH. KICK, SWITCH STEP AND TOUCH, CROSS, TOUCH

17-18	Kick left out, back to place, while touching right out to side
19-20	Cross right over left, touch left out to side
21-22	Kick left out, back to place, while touching right out to side

23-24 Cross right over left, touch left out to side

HEEL STRUT X 4 MAKING 1/4 TURN

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25-28	Left heel forward, lower toes. Right heel forward, lower toes
20 20	Long field for ward, lower toes, raight field for ward, lower toes

29-32 Left heel forward, lower toes. Right heel forward, lower toes (making ¼ turn to right)

KICK TWICE, STEP WITH ½ TURN, TOUCH. KICK TWICE, STEP WITH ½ TURN, TOUCH

33-34	Kick left forward, kick left forward
35-36	Step left half turn to left, touch right next to left
37-38	Kick right forward, kick left forward
39-40	Step right half turn to right, touch left next to right

ROLLING VINE WITH 1 ½ TURNS. ROCK FORWARD, BACK, BACK, FORWARD

41-42	Step left half turn to left, step right half turn to left
43-44	Step left half turn to left, touch right next to left
45-46	Rock forward on right, rock back on left
47-48	Rock back on right, rock forward on left

SHUFFLE, STEP, PIVOT ½ TURN. SHUFFLE, STEP, PIVOT ½ TURN

49&50	Step right forward, bring left up to right, step right forward
E4 E0	Otan familiard on left initiat balf time to violet

51-52 Step forward on left, pivot half turn to right

53&54 Step left forward, bring right up to left, step left forward

55-56 Step forward on right, pivot half turn to left

GRAPEVINE TWICE

57-58	Step right to side, step left behind right
59-60	Step right to side, touch left next to right
61-62	Step left to side, step right behind left
63-64	Step left to side, touch right next to left