# Ride 'em Cow-Boy



Compte: 64 Mur: 4 Niveau: Intermediate

Chorégraphe: John Dean (UK) & Gita Renik (UK) Musique: Rodeo Rock - The Dean Brothers



Start the dance on John's vocals, I Heard It In A Honky Tonk "which come in after a long instrumental intro followed by the rap, "Get right down to the nitty gritty, strut your stuff like Bronco Billy!"

# RIGHT MAMBO FORWARD, LEFT MAMBO BACK, VINE RIGHT. LEFT TOUCH, SHIMMY OUT TO LEFT **TWICE**

1&2	Rock-step right forward, rock-step left in place, step right next to left
3&4	Rock-step left back, step right in place, step left next to right
5-8	Step right out to right side, step left behind right, step right out to right side, touch left next to right
9-10	Slide left out to left side while shimmying shoulders over two counts stepping onto left
11-12	Slide right in next to left while shimmying shoulders as you step right next to left
13-16	Repeat 9-12 above (section 1) ending with weight on left as you touch right next to left

Variation: counts 9-16 replace shimmies with hip thrusts and pull back on those reins

# RIGHT MAMBO FORWARD, LEFT MAMBO BACK, VINE RIGHT, LEFT TOUCH. SHIMMY OUT TO LEFT **TWICE**

1-16 Repeat counts 1-16

#### CROSS AND STEP. BEHIND AND STEP. CROSS, SIDE, SAILOR STEP

1&2	Rock-step right diagonally forward over left, step left in place, step right next to left
3&4	Rock-step left diagonally back behind right, step right in place, step left next to right
5-6	Step right over left, step left to left side

7&8 Step right behind left, step left out to left side, step right in place

#### CROSS AND STEP. BEHIND AND STEP, CROSS, SIDE, SAILOR STEP

Repeat the whole of section 3 leading with left foot 1-8

# SCOOT FORWARD (BOTH FEET) TWICE. SLAP RIGHT. SLAP LEFT

1-2	Scoot forward on both feet, repeat (easier option is to scoot right, left: count 61, 62)
3-4	Slap right hand onto right flank, slap left hand onto left flank

&5-8 Repeat counts 61-4 of this section

# STEP FORWARD RIGHT WITH HEEL TAPS, STEP FORWARD LEFT WITH HEEL TAPS, SPIN ¾ TURN TO LEFT CIRCLING YOUR LASSO WITH RIGHT HAND

1-2	(Step right toes diagonally forward) tap right heel down for two counts (clicking fingers on
	right hand)
3-4	Repeat 1-2 leading with left and clicking fingers on left hand

& (Keeping weight on ball of left foot) lift left heel off the floor 5

Make a slight turn to left as you place heel down touching right toes out to right side 86-8

Repeat 65 of this section (section 6) three more times to complete a \(^3\)4 turn to the left (as you

make this 3/4 turn, circle your right wrist to the right in air above your head as if spinning your

lasso or hat!)

# **REPEAT**