# **Risen Christ Boogie**

Niveau: Intermediate

Compte: 0 Chorégraphe: Richard Ng (SG) & Florence Ng Musique: Un monde parfait - Ilona

Sequence: A1,A2,A1,B,C,A1,B,C,A1,A2,A1,C

## PART A1

#### FINGER CLICKS, HOLD; CLAPS, HOLD

- Finger clicks x 3; hold; claps x 3; hold 1-8
- 9-32 Three sets of 1-8

## PART A2

## SHOULDER SHRUGS; HIPS ROTATES

- 1-8 Shoulders shrug from right to left x 4
- 9-16 Hips rotate from right to left x 4

## PART B

## **RIGHT, RAISE PUNCHES INTO THE AIR**

1-8 Raise alternate hands punching upwards into the air starting with right, left

#### SIDE STEP AND TOUCH/CLAP TWICE

- 1-2 Step right to right, left touch right instep with a clap,
- 3-4 Step left to left, right touch left instep with a clap
- 5-6 Repeat 1-2
- 7-8 Repeat 3-4

## SIDE EXTENDED VINE, CROSS, HOLD, BACK ROCK

- 1-8 Step right to right, left cross behind, step right to right, left cross in front of right, step right to right, hold, rock left back and replace right
- 9-16 Mirror to the left

## **ELECTRIC SLIDE STEPS**

1-8 Vine to the right, clap, vine to the left, clap

#### NORTHERN KICKS- RIGHT WALK FORWARD, KICK/SHOUT; WALK BACKWARD; REPEAT THE ABOVE WITH LEFT WALK FORWARD

- 1-4 Walk northwards-right, left, right, left kick forward, throw hands into the air and shout!
- 5-8 Walk backwards-left, right, left, right
- 9-12 Repeat 1-4 starting with left,
- 13-16 Repeat 5-8 starting with right

#### RAISE PUNCHES INTO THE AIR

1-8 Raise alternate hands punching upwards into the air starting with right, left

## PART C

## CROSS, BLOCK, STRIKE, PUNCHES(ROUND THE WORLD)

- Standing legs apart with a 1/4 squat position, cross both hands downwards in front of you 1
- 2 Open both hands outwards, elbows inwards, with fist clenching-(v shape)
- & Bring elbows up and fingers pointing at each other
- Strike in a forward and outward position 3
- 4 Bring both hands back to the side of the body with fist clenching





**Mur:** 1

5-6 Punch right fist to the left diagonal(temple), replace to the side

7-8 Punch left fist to the right diagonal(temple), replace to the side

To add in some fun: execute the 4x8 counts "round the world" ending with facing the front again-every 8 counts-change wall -¼ turn right-after the last wall, make a ¼turn right to face the front again