Roly Poly Polka



Compte: 64 Mur: 1 Niveau: Improver

Chorégraphe: Charlotte Williams (USA)

Musique: Yes! - Chad Brock



TWO SHUFFLES FORWARD (RIGHT AND LEFT)

1&2	Right forward shuffle: step right forward, step ball of left next to right, step right forward
3&4	Left forward shuffle: step left forward, step ball of right next to left, step left forward

5-8 Step right forward, kick left forward, step left back, touch right back

TWO CHARLESTONS, TWO SHUFFLES FORWARD (RIGHT AND LEFT)

1-4	Step right forward,	kick left forward,	step left back,	touch right back

Right forward shuffle: step right forward, step ball of left next to right, step right forward

Right forward shuffle: step left forward, step ball of right next to left, step left forward

Left forward shuffle: step left forward, step ball of right next to left, step left forward

STEP TURN LEFT ONE-FOURTH (1/4), RIGHT SHUFFLE; STEP TURN RIGHT ONE-HALF (1/2), LEFT SHUFFLE

1-4 Step right forward, pivot one-fourth (1/4) left; right shuffle forward: step right forward, step ball

of left next to right, step right forward

5-8 Step left forward, pivot one-half (½) right; left shuffle forward: step left forward, step ball of

right next to left, step left forward

STEP TURN LEFT ONE-FOURTH (1/4), RIGHT SHUFFLE; STEP TURN RIGHT ONE-HALF (1/2), LEFT SHUFFLE

1-4 Step right forward, pivot one-fourth (1/4) left; right shuffle forward: step right forward, step ball

of left next to right, step right forward

5-8 Step left forward, pivot one-half (½) right; left shuffle forward: step left forward, step ball of

right next to left, step left forward

RIGHT MODIFIED VINE (WITH SHUFFLE); TOE TOUCHES

1-4 Step right to right, step left behind right; right side shuffle: step right to right, step ball of left

next to right, step right to right

5-8 Touch left toe to left; touch next to right, touch left toe to left, touch next to right

LEFT MODIFIED VINE (WITH TRIPLE TURNING LEFT ONE-FOURTH); TOE TOUCHES

1-4 Step left to left, step right behind left; left triple with turn: step left to left, turning left one-fourth

(1/4), step ball of right next to left, step left next to right

5-8 Touch right toe to right; touch next to left, touch right toe to right, touch next to left

RIGHT VINE (WITH ONE-HALF RIGHT TURN AND HITCH); LEFT VINE (WITH ONE-FOURTH LEFT TURN AND HITCH)

1-4 Step right to right, step left behind right, step right to right, turn right one-half on ball of right,

hitching left

5-8 Step left to left, step right behind left, step left to left, turn left one-fourth on ball of left,

hitching right

TURN LEFT ONE-HALF, WITH LEFT TRIPLE; STEP BACK RIGHT, LEFT; LEFT COASTER; RIGHT KICK CROSS KICK

1-4 Step right, left, right (triple in place), turning left one-half; two steps back: left, right
5-8 Left coaster: step back on left, step ball of right next to left, step left forward; kick right

forward, cross in front of left, kick right forward

REPEAT

