Rub It In



Compte: 32 Mur: 2 Niveau: Beginner

Chorégraphe: Rick Bates (USA) & Deborah Bates (USA) **Musique:** Tryin' to Get to New Orleans - The Tractors



DIAGONAL TOE TOUCHES, CROSS STEPS, SWEEP TURN, HIP BUMPS

1-2	Touch right toe forward and diagonally to the right; cross right foot over left and step
3-4	Touch left toe forward and diagonally to the left; cross left foot behind right and step

5-6 Slide right foot forward and begin a ½ turn to the right on ball of left foot while sweeping right

foot out and around in a to the right motion; complete $\frac{1}{2}$ to the right sweep and step right foot

next to left

7-8 Bump hips to the left twice and shift weight to the left foot

DIAGONAL STEP, TOUCH, DIAGONAL STEP, SYNCOPATED ROCKS, ROCK STEP, TURNING SHUFFLE

9-10	Step forward and diagonally to the right on right foot; touch left toe next to right
&11	Step back and diagonally to the left on left foot; rock forward onto right foot
&12	Rock back onto left foot; rock forward onto right foot
13-14	Step forward on left foot; rock back onto right foot

15&16 Shuffle in place (left, right, left) making a ½ turn to the left on these steps

OUT-OUT, HOLD, SWIVELS, MODIFIED MONTEREY TURNS

OUT-OUT, HOLD, SWIVELS, MODII ILD MONTENET TORNS		
&17	Step slightly to the right on right foot; step slightly to the left on left foot about shoulder width apart from right	
18	Hold and clap hands	
&19	Swivel heels inward; swivel toes inward	
&20	Swivel heels inward; swivel toes to center	
21-22	Touch right toe to the right; pivot $\frac{1}{2}$ turn to the right on ball of left foot and step right foot next to left	
23-24	Touch left toe to the left; pivot ¼ turn to the left on ball of right foot and step left foot next to right	

KICK-BALL-BALL, HEEL SWIVELS (TWISTS), PIVOT TO THE LEFT, TURN TO THE LEFT

25&26	Kick right foot forward; step on ball of right foot next to left; step forward on ball of left foot
27-28	With weight on balls of both feet, swivel heels turn to the lefting body $\frac{1}{4}$ turn to the right; swivel heels turn to the righting body $\frac{1}{4}$ turn to the left and shift weight to left foot
29-30	Step forward on right foot; pivot ½ turn to the left on ball of right foot and shift weight to left foot
31-32	Step forward on right foot; pivot ¼ turn to the left on ball of right foot and shift weight to left foot

REPEAT