Save A Horse (Ride A Cowboy)

Niveau: Intermediate

Chorégraphe: Kimberly F Gautney (USA)

Compte: 72

Musique: Save a Horse (Ride a Cowboy) - Big & Rich

POINT RIGHT, CROSS, LEFT; CROSS; RIGHT, CROSS, LEFT, CROSS

- 1-2 Point right to the side, cross right over left, put weight on right
- 3-4 Point left to the side, cross left over right, put weight on left
- 5-6 Point right to the side, cross right over left, put weight on right
- 7-8 Point left to the side, cross left over right, put weight on left

TRIPLE STEP BACK RIGHT & LEFT, ROCK STEP, ½ TURN

- 1&2-3&4 Triple step backwards - right-left-right; left-right-left
- 5-6 Rock back on right, recover onto left
- 7-8 Step forward on right, pivot 1/2 turn left

GRAPEVINE RIGHT, OUT/OUT & CROSS & TURN, CLAP

- 1-4 Right foot step to right, cross left behind, step to right, together with left
- &5&6 Step out - right left, bring left in & cross right over left
- Unwind 1/2 turn left, clap hands 7-8

GRAPEVINE RIGHT, OUT/OUT & CROSS & TURN, CLAP

- Right foot step to right, cross left behind, step to right, together with left 1-4
- &5&6 Step out - right left, bring left in & cross right over left
- 7-8 Unwind 1/2 turn left, clap hands

WALK FORWARD, HITCH 1/4 TURN; WALK BACK

- 1-4 Walk forward right, left, right; hitch left knee & turn 1/4 turn left
- 5-8 Walk back left, right, left, together right

HEEL JACK, HEEL JACK, ½ TURN (PUSH AROUND 4 - 1/8 TURNS)

- Step right foot slightly back, touch left heel forward, step together left then right &1&2 &3&4 Step left foot slightly back, touch right heel forward, step together right then left
- &5&6&7&8 Touch right to side and push out 4 1/8 turns (total is $\frac{1}{2}$ turn)

RIGHT SLIDE, STOMP, STOMP; LEFT SLIDE, STOMP, STOMP

1-2-3&4 Step right on right, slide left to the right for 2 counts, stomp right then left 5-6-7&8 Step left on left, slide right to the left for 2 counts, stomp left then right

HOP FORWARD, ROLL HIPS, HOP BACK, ROLL HIPS

- &1&2&3&4 Syncopated hops forward - right, left, right, left, right, left, right, left 5-6-7-8 Roll hips in circle to the left
- &1&2&3&4 Syncopated hops back - right, left, right, left, right, left, right, left
- 5-6-7-8 Roll hips in circle to the left

Option note: while hopping forward/backwards, use right hand in lasso movement above head

REPEAT

Dance will start 4 times - beginning at each of the 4 walls - For Dance to work exactly to the music: the first 2 sets of the dance - the last 16 count (hop forward with hip rolls then hop backwards with hip rolls) go directly to the music singing "Save a Horse Ride a Cowboy"; The 3rd set of dance -do 1st set of 8 only (hop forward with hip rolls only then start dance over - Do not hop backwards with hip rolls); At 4th round - do last 16





Mur: 4