Sea Cruise (J.C)

Chorégraphe: Judith Campbell (NZ) Musique: Sea Cruise - Dion

Compte: 64

Niveau: Beginner



ROCK FORWARD, BACK - COASTER - ½ PIVOTS TO LEFT - (TWICE) Cross with side ball change or (for more of a challenge) cross jump clicking both heels together in the air 1-2-3&4 Rock forward on right foot, rock back on left foot, coaster on right foot (back together forward) 5-6-7&8 Rock forward on left foot, rock back on right foot, coaster on left foot (back together forward) 1-4 Step forward on right foot, 1/2 pivot to left, step forward on right foot, 1/2 pivot to left 5&6 Step right foot across and slightly forward in front of left, step left to left side, step right foot forward slightly 7&8 Step left foot across and slightly forward in front of right, step right to right side, step left foot forward slightly For more of a challenge instead of the "cross side ball change" on counts 5-8 Step right across left Jumping into the air lift right foot up to meet the left foot clicking both heels together 6-8 Land on right foot, step left across right, lift and click heels, land on left foot 2 STEP LOCKS FORWARD WITH A SCUFF - JAZZ BOX WITH ¼ TURN RIGHT - 3 HEEL SWITCHES (DIGS) - CLAP 1-4 Step forward lock with right foot and scuff left foot forward 5-8 Step forward lock on left foot and scuff right foot forward 1-4 Jazz box with 1/4 turn to right

5-8 Three heel digs / switches diagonally front right, left, right, clap

Mur: 4

SIDE ROCK RECOVER - HOLD - SIDE ROCK RECOVER - HOLD - 4 TOE HEEL STRUTS BACK

1-4 Side rock to right with right foot, recover onto left foot, cross right foot over left, hold

5-8 Side rock to left with left foot, recover onto right foot, cross left foot over right, hold

4 TOE /HEEL STRUTS BACKWARDS RIGHT LEFT RIGHT LEFT

- 1-2 Swinging right hand out to side and click fingers
- 3-4 Swing right hand across body and click fingers
- 5-8 Repeat counts 1-4

Follow the hand with your head

TWO ¼ MONTEREYS - TWO WALKS FORWARD - 4 HEEL TAPS TURNING ½ RIGHT

- 1-4 1/4 Monterey on right foot
- 5-8 ¹/₄ Monterey on right foot
- 1-2 Big step forward on right foot forward, slightly bending forward, swinging left arm forward and looking to the right side, hold
- 3-4 Big step forward on left foot swinging right arm forward and looking to the left side hold
- 5-8 1/2 turn to right keeping both feet on the ground just beating the heels

For the ½ turn heel beats make a wave motion with the hand - like the sea, up down- up down

REPEAT

5

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