"Seal"Ed With A Kiss



Compte: 48 Mur: 4 Niveau:

Chorégraphe: Dan Testa (USA)

Musique: Kiss from a Rose - Seal : (Album Version)



The music is 3/4 with a waltz beat. Start dancing after 24 counts (24 counts before the lead vocal part comes in). Dance through all the breaks. The dance will feel off-phrase at times during walls 2-5. Don't panic

SYNCOPATED ROCKING CHAIR, TURNING JAZZ BOX, ROCK STEP

1-3 Rock forward left, hold, recover right in place4-6 Rock backward left, hold, recover right in place

7-9 Step left to side, cross right over left, step left to side turning ½ right

10-12 Rock back right, hold, recover left in place

THREE STEP TURN, ½ STEP PIVOT, THREE STEP TURN, ½ STEP PIVOT

Walk forward right, left, right turning full turn toward right shoulder Pointing your right foot to the right on the first step will help you with this turn

16-18 STEP FORWARD LEFT, TURN ½ RIGHT ON BALLS OF BOTH FEET, LOWER RIGHT

FOOT

This is just a step pivot turn in three counts - more of these are in the dance

19-21 Walk forward left, right, left turning full turn toward left shoulder Pointing your left foot to the left on the first step will help you with this turn

22-24 Step forward right, turn ½ left on balls of both feet, lower left foot

1/4 STEP PIVOT, ROCK STEP, WEAVE, ROCK STEP

25-27	Step forward right, turn ¼ left on balls of both feet, lower left fool
28-30	Rock right crossing over left, hold, recover left in place
31-33	Step right to side, step left across right, step right to side
34-36	Rock left crossing behind right, hold, recover right in place

FOUR HESITATION STEPS WITH STYLING AND A QUARTER TURN

37-39	Step left to side, slide right next to left, lift right foot
40-42	Step right to side, slide left next to right, lift left foot

43-45 Step forward left, slide right up to left while turning ¼ right, lift right foot

46-48 Step right to side, slide left foot next to right, lift left foot

REPEAT