Shake Your Bon Bon

Chorégraphe: Caroline Robson (UK)

Compte: 48

	Musique: Shake Your Bon-Bon - Ricky Martin
1-4	Right kick-ball touch (touching left to left side)
5-8	Left kick ball touch with 1/4 turn left (touching right to right side)
1-4	Slow forward right shuffle, (right, left together, right)
5-8	Left side rock and cross left over right
1-4	Right side rock and cross right over left
5-8	Left rock forward and bring left foot together
1-4	Slow right shuffle back (right, left together, right)

Mur: 4

- 5-8 Keeping left slightly in front of right, push hips forward into upper body roll
- 1-4 Step forward on right and push hips right twice
- 5-8 Step forward on left and push hips left twice
- 1-4 Step forward on right and push hips right twice
- 5-8 Step forward on left and push hips left twice

REPEAT





Niveau: Improver