

# Shebang

Compte: 64

Mur: 4

Niveau: Intermediate



Chorégraphe: Lu Olsen (AUS)

Musique: She Bangs (English Edit) - Ricky Martin

## KICKS, STOMP, KICK, ROCK BACKS

- 1-4 Kick right forward diagonal over left leg, kick right forward diagonal to right, stomp right beside left foot, kick right forward
- &5-6 Right back, left in place, right beside left
- &7-8 Left back, right in place, left beside right
- Hands:**
- &5-6 Place right elbow forward and bend upper arm up while placing left back hand under right elbow
- &7-8 Reverse arms (place left elbow forward and bend upper arm up while placing right back hand under left elbow)

## SHUFFLES WITH TURNS, ROCK FORWARD & BACK

- 1&2&3&4 Shuffle forward right-left-right, ½ turn right, shuffle back left-right-left
- &5&6 ½ turn right, shuffle forward right-left-right
- 7&8 Rock left forward, rock right back, left back

## BACKWARD WALKS, HIP SWAYS

The next 8 counts involves arm movements. Make the arms stylish/twisting motion (or use your own style) and emphasize hips sways while walking back

- 1-2 Walk back right (extend right arm over head), walk back left (extend left arm over head)
- 3 Walk back right (still extended right arm cross right wrist in front of left wrist over head)
- 4 Walk back left (twist right hand under left wrist so left hand is now in front, still above head)
- 5-6 Walk right slightly back (right hand down on right buttock), walk left slightly back (left hand down on left buttock)
- 7-8 (Hands remain on buttock) rock right to right sway hips right, rock left to left sway hips left

## ROCK BACK, ¼ TURN, SYNCOPATED KICK, ½ TURN KICK, FULL TURN

- &1-2 Right back, ¼ left turn left foot forward, kick right forward
- 3-4 Right over left to start ½ left turn, complete ½ left turn and kick left forward
- &5 Left back, right forward
- 6-8 Full turn right moving slightly forward stepping left, right, left

## MOVING FORWARD 4 SASSY STEPS ON BALLS OF FEET, ¼ TURN FLICK LEG & SHUFFLE FORWARD

- 1 Right over left (left hand covers front of tummy while right palm facing front out to right side)
- 2 Left over right (right hand covers front of tummy while left palm facing front out to left side)
- 3-4 Repeat sassy steps 1-2
- 5-6 Right over left, ¼ turn right on right foot - flick left leg back (bent at knee) and flick head back (chin raised)
- 7&8 Shuffle forward left-right-left

At the end of wall 3, restart from here facing to front

At the end of wall 7, add a pair of 4 count right hip rolls, then restart the dance from the top

## SAMBA STEPS, TAP, CROSS SHUFFLE & ½ TURN

- &-1-2 Right foot slightly back right diagonal, left to center, right forward
- &3-4 Left foot slightly back left diagonal, right to center, tap left to left side
- 5&6 Left over right, right to right, left over right
- 7-8 Step back on right ¼ turn left, ¼ turn left and step left to left

## **MOVING FORWARD 4 SASSY STEPS ON BALLS OF FEET, ¼ TURN FLICK LEG & SHUFFLE FORWARD**

- 1 Right over left (left hand covers front of tummy while right palm facing front out to right side)
- 2 Left over right (right hand covers front of tummy while left palm facing front out to left side)
- 3-4 Repeat sassy steps 1-2
- 5-6 Right over left, ¼ turn right on right foot - flick left leg back (bent at knee) and flick head back (chin raised)
- 7&8 Shuffle forward left-right-left

## **DIAGONAL SLIDE KNEE ROLLS, KICK BALL CHANGE, STEP DRAG TO FINISH!**

**Left hand over tummy while right hand extended above head and circles above head for counts 1, 2, 3, 4**

- 1-4 Right forward diagonal and roll right knee, slide left foot forward to right foot, right forward diagonal and roll right knee, tap left beside right foot
- 5&6 Kick left forward, left beside right, right in place
- 7-8 Large left step to left, drag right to left (weight on left) (place right arm around body while left arm curls above head. "ole!")

## **REPEAT**

## **RESTARTS**

**Dance 3rd wall to count 40, then start again on wall 4 to front**

**Dance 7th wall to count 40, then add 4 count, two right hip rolls. Then start again on wall 8 to the right.**

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