The Shuffle



Compte: 32 Mur: 4 Niveau:

Chorégraphe: Rick Bates (USA)

Musique: Singin' The Blues - The Kentucky Headhunters



HIP SWAYS, FORWARD SHUFFLES

1-4 Step slightly to the right on right foot with knees bent slightly, sway hips to the right, left, right,

left (weight ending on left)

5&6 Shuffle forward right, left, right 7&8 Shuffle forward left, right, left

HIP SWAYS, FORWARD SHUFFLE

9-12 Step slightly to the right on right foot with knees bent slightly, sway hips to the right, left, right,

left (weight ending on left)

13&14 Shuffle forward right, left, right 15&16 Shuffle forward left, right, left

ROCK STEP, SHUFFLE BACK, PIVOT, SHUFFLE FORWARD, STEP TURN

17 Rock step forward on the ball of right foot

Rock back onto left foot 19&20 Shuffle back right, left, right

& Pivot ½ turn to the left on ball of right foot

21&22 Shuffle forward left, right, left 23 Step forward on right foot

24 Pivot ½ turn to the left on ball of left foot

STOMP, STOMP, KNEE SLAPS, HAND CLAPS, STEP TURN

Stomp forward on right footStomp left foot next to right

27-28 Bend forward slightly and slap upper part of right knee with right hand and left knee with left

hand twice (slap both knees at the same time)

29-30 Clap hands together twice31 Step forward on right foot

32 Pivot ¼ turn to the left on ball of left foot

REPEAT