Shufflin' & A Rockin'

Niveau: Improver

Chorégraphe: James "Jimbo" Krywko (USA)

Musique: Whose Bed Have Your Boots Been Under? - Shania Twain

SHUFFLE ROCKS

Compte: 56

- 1&2 Shuffle right forward
- 3&4 Shuffle left forward
- 5-8 Rock forward on right, back left, forward right, back left (ooh! Cha! Ooh! Cha!)
- 1&2 Shuffle right back
- 3&4 Shuffle left back
- 5-8 Rock back on right, forward left, back right, forward left (ooh! Cha! Ooh! Cha!)

PIVOT-TURNS & RIGHT VINE

- 1-2 Step forward right, ¹/₂ turn to left land left
- 3-4 Step forward right, ¹/₂ turn to left land left
- 5-6 Step right to right, step left behind right
- 7-8 Step right to right, stomp (clap) left

SYNCOPATED VINES

- 1-2 Step left to left, step right behind left
- &3-4 Step left back, cross right over left, step left to left (clap)
- 5-6 Step right to right, step left to left
- &7-8 Step right back, cross left over right, step right to right (clap)

TOUCH-SPINS

- 1-2 Touch left to left, step left center
- 3 Touch right to right, (clap)
- 4 Step right to center with a ¹/₂ turn to right (weight on right-pivot on left) (clap) (clap)
- 5-6 Touch left to left, step left center
- 7 Touch right to right, (clap)
- 8 Step right to center with a ¹/₂ turn to right (weight on right-pivot on left) (clap) (clap)
- 1-2 Touch left to left, step left center
- 3 Touch right to right, (clap)
- 4 Step right to center with a ¹/₂ turn to right (weight on right-pivot on left) (clap) (clap)
- 5-6 Touch left heel forward, step left in place
- 7-8 Touch right toe back, scuff right

WALKS

- 1-2 Step forward right (ooh!), Lock left (cha!)
- 3-4 Right (ooh!), Lock left (cha!)
- 5-6 Step forward right (ooh!), Left (ooh!)
- 7-8 Right (ooh!), Left (wooh!) (weight on left)

REPEAT





Mur: 2