

# Shut Up

Compte: 32

Mur: 2

Niveau: Beginner



Chorégraphe: Yvonne Kristiansson

Musique: Shut Up - Black Eyed Peas

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## TOUCH X4, ¼ TURN LEFT, HAND MOVEMENT, SIT DOWN AND UP

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|------|--|
| 1&2& | Touch right toe forward, step right foot next to left, touch left toe forward step left foot next to right |
| 3&4  | Touch right toe to right side, step right foot next to left, touch left toe to left side                   |
| 5-6  | Turn ¼ left, cross open hands forward in front of chest, (the palms of hands away from body)               |
| 7-8  | Bend knees (with hands still up) straighten knees and put weight onto left foot bringing hands down        |

## ROCK STEP, COASTER STEP, STEP TURN, TURN ¼ RIGHT

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|-----|---|
| 1-2 | Step right foot forward, rock weight back onto left   |
| 3&4 | Step back with right foot, step left foot next to right, step right foot forward                                  |
| 5-6 | Step left foot forward, turn ½ right ending with weight on right foot   |
| 7&8 | Turn ¼ right stepping left foot to left side, step right foot next to left cross left foot in front of right foot |

## HIP BUMPS, KICK & BOUNCE TWICE

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|------|---|
| 1&2  | Touch right foot forward and bump hip forward, bump hip backward, bump hip forward and put weight onto right foot   |
| 3&4  | Touch left foot forward and bump hip forward, bump hip backward, bump hip forward and put weight on left foot       |
| 5&6& | Kick right foot forward, step right foot next to left, step left foot to left side put weight back onto right foot  |
| 7&8& | Kick left foot forward, step left foot next to right, step right foot to right side, put weight back onto left foot |

## KICK, JUMP BACK, BODY ROLL, MODIFIED SCISSOR STEPS

- |     |   |
|-----|---|
| 1&2 | Kick right foot forward, jump back starting with right foot ending shoulder width apart (&2)          |
| 3-4 | Body roll to the left finishing by dragging right foot next to left                                   |
| 5&6 | Step diagonally back onto right foot, step left foot next to right, cross right foot in front of left |
| 7&8 | Step diagonally back onto left foot, step right foot next to left, cross left foot in front of right  |

## REPEAT

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