

Soul Man

Compte: 64

Mur: 1

Niveau: Intermediate

Chorégraphe: Carolyn Robinson (USA)

Musique: Soul Man - The Blues Brothers



Start dance on the 17th count of the music. You should be doing the syncopated vine right when the vocals kick in.

KICK FORWARD, KICK SIDE, SWITCH; KICK FORWARD, KICK SIDE, SWITCH

1-2& Kick right forward, side kick right, switch weight onto right

3-4& Kick left forward, side kick left, switch weight onto left

SCUFF, HITCH, TOUCH; COASTER STEP

5&6 Scuff right, hitch right, touch right beside left

7&8 Step right back, step left beside right, step right forward

MAMBO FORWARD, MAMBO BACK

1&2 Rock left forward, step right in place, step left beside right

3&4 Rock right back, step left in place, step right beside left

STEP, HITCH; SCOOT RIGHT TWICE

5-6 Step left forward, hitch right

7-8 Side scoot on left foot traveling right (keeping right hitched) two times

Raise right arm up with "princess" wave as you are scooting

SYNCOPATED VINE RIGHT, SIDE ROCK, CROSS BEHIND AND IN FRONT

1-2 Side step right, cross left behind right

&3&4 Side step right, cross left in front, side step right, cross left behind

5-6 Side rock right, Recover left

7&8 Cross right behind left, side step left, cross right in front of left

SYNCOPATED VINE LEFT, SIDE ROCK, CROSS BEHIND AND IN FRONT

1-2 Side step left, cross right behind left

&3&4 Side step left, cross right in front, side step left, cross right behind

5-6 Side rock left, recover right

7&8 Cross left behind right, side step right, cross left in front of right

STEP, SLIDE; CROSS, STEP, STEP

1-2 Side step right, slide left beside right (weight transfers to left)

3&4 Cross right over left, step left back, step right beside left

RIGHT ¼ TURN; TRIPLE FORWARD LEFT-RIGHT-LEFT

5-6 Touch left forward, pivot ¼ turn right on right (facing 3:00 wall)

7&8 Step left forward, step right to left instep, step left forward

STEP, SLIDE; CROSS, STEP, STEP

1-2 Side step right, slide left beside right (weight transfers to left)

3&4 Cross right over left, step left back, step right beside left

RIGHT ¼ TURN; TRIPLE CROSS OVER

5-6 Touch left forward, pivot ¼ turn right on right (facing 6:00 wall)

7&8 Cross left over right, side step right, cross left over right

HIP ROLL LEFT, HIP ROLL RIGHT

- 1-2 Side step right turning body ¼ left (weight right and facing 3:00)
3-4 Roll hips ½ right (weight left and facing 9:00)

ROCKING STEPS FORWARD AND BACK

- 5&6& Rock right forward, step left in place, rock right back, step left in place
7&8& Rock right forward, step left in place, rock right back, step left in place

HIP ROLL LEFT, HIP ROLL RIGHT

- 1-2 Side step right and roll hips turning body ¼ to the left (weight right & facing 6:00)
3-4 Roll hips to the right to right turning body ½ right (weight left & facing 12:00)

ROCKING STEPS FORWARD AND BACK

- 5&6& Rock right forward, step left in place, rock right back, step left in place
7&8& Rock right forward, step left in place, rock right back, step left in place

REPEAT

TAG

After finishing the 4th wall (or repetition - you'll be facing 12:00 wall) there is an additional 4 counts of music.

Add this tag:

SCUFF, HITCH; SCOOT RIGHT X2

- 1-2 Scuff right, hitch right
3-4 Side scoot on left foot traveling right (keeping right hitched) two times

Raise right arm up with "princess" wave as you are scooting

Eliminate the first 16 counts and restart with the syncopated vine right (3rd set of 8 counts). Continue dancing to the end of the song. You'll finish the dance facing the original wall (12:00).

BIG FINISHES

Option #1: step forward on right and throw arms out and up (in V for victory)!

Option #2: step back on right foot and lean weight slightly back on right. Cross hands (placing one hand, palm down over the other hand) in front and below the waistline. Pose with attitude! This is especially effective when wearing sunglasses!

A special thank you to Barry Taylor for asking me to choreograph this dance and for also giving me ideas with the rock steps forward and back! And also, for helping me make the change in this tag. It IS easier to dance this way!
