

Spontaneous Combustion

Compte: 72

Mur: 1

Niveau: Intermediate/Advanced



Chorégraphe: Trevor Smith (AUS)

Musique: Fat Sally Lee - Rednex

- &1 Step right foot in behind left hitching right knee & sliding left foot slightly forward
&2 Step left foot in behind right hitching left knee & sliding right foot slightly forward
3-4 Stomp right heel forward twice
5-8 Repeat above steps &1 &2-3-4
- &9 Jump forward onto right foot at 45 degrees right tapping left toe behind
&10 Jump backwards onto left foot at 45 degrees left tapping right toe in front of left
11-12 Repeat steps &9-&10
&13 Scoot forward at 45 degrees right on left foot tapping right toe followed by right knee hitch
14-15 Repeat step &13 twice more
&16 Scoot forward at 45 degrees right on left foot stepping down onto right
- &17 Jump forward onto left foot at 45 degrees left tapping right toe behind
&18 Jump backwards onto right foot at 45 degrees right tapping left toe in front of right
19-20 Repeat steps &17-&18
&21 Scoot forward at 45 degrees left on right foot tapping left toe followed by left knee hitch
22-23 Repeat step &21 twice more
&24 Jump slightly forward onto both feet landing with knees bent & slapping knees at the same time

The following full turns are performed while traveling along floor to right

- 25 Step right onto right foot to commence turns
26 Step onto left foot to continue turn
27 Step onto right foot to continue turn
28 Step onto left foot to continue turn
29 Step onto right foot to complete turn
30 Step forward onto left foot
- 31-32 Hitch right knee, kick right foot forward and up
33-34 Cross right foot over in front of left, step left onto left foot
35 Pivot a ½ turn right
36 Jump slightly forward onto both feet while bending knees & slapping both knees with both hands

The following full turns are performed while traveling along floor to left

- 37 Step left onto left foot to commence turns
38 Step onto right foot to continue turn
39 Step onto left foot to continue turn
40 Step onto right foot to continue turn
41 Step onto left foot to complete turn
42 Step forward onto right foot
- 43-44 Hitch left knee, kick left foot forward and up
45-46 Cross left foot over in front of right, step right onto right foot
47 Pivot a ½ turn left
48 Jump slightly forward onto both feet while bending knees & slapping both knees with both hands

- &49 Scoot backwards on left foot as you hitch right knee then stepping down on right foot behind left
- &50 Scoot backwards on right foot as you hitch left knee then stepping down on left foot behind right
- 51-52 Repeat steps &49-&50
- 53 Step forward onto right foot as you pull on imaginary reins
- 54 Hitch left leg as you pull reins into your waist
- 55 Step forward onto left foot
- 56 Step right foot in beside left
- 57 Rock backwards on heel as you grab imaginary reins with toe splits
- 58 Return feet to floor
- 59 Jump feet apart as you travel backwards slightly
- 60 Jump feet together as you travel backwards slightly
- 61-64 Repeat steps 57 to 60
- 65 Rock backwards on heel as you grab imaginary reins with toe splits
- 66 Return feet to floor
- 67 Kick right foot forward at 45 degrees right
- 68 Swing right foot across in front of left leg & slap heel with left hand
- 69 Kick right foot forward at 45 degrees right
- 70 Swing right foot behind left leg & slap heel with left hand
- 71 Jump backwards onto right foot
- 72 Step left foot in beside right placing weight onto it

REPEAT
