

# Step Up

Compte: 48

Mur: 4

Niveau: Intermediate



Chorégraphe: Kate Sala (UK)

Musique: Step Up - The Cheetah Girls

## RIGHT, TOGETHER, RIGHT CHASSE, SYNCOPATED ROCK STEPS

- 1-2 Step right to right side, step left next to right
- 3&4 Step right to right side, step left next to right, step right to right side
- 5&6& Cross rock left behind right, recover on to right, side rock on left to left side, recover on to right
- 7&8 Cross rock left behind right, recover on to right, step on left to left side

## RIGHT MAMBO FORWARD, BACK LOCK STEP, TURN ¼ RIGHT & SIDE TOUCH, TURN ¼ LEFT & SIDE TOUCH, CROSS & TOUCH

- 1&2 Rock forward on right, recover back on left, step back on right
- 3&4 Step back on left, lock step right over left, step back on left
- &5 Turn ¼ right stepping right to right side, touch left out to left side
- &6 Turn ¼ left stepping left down in place, side touch right out to right side
- 7&8 Cross step right over left, step left to left side & slightly back, touch right toe forward to right diagonal

## FORWARD ROCK ON DIAGONAL, SAILOR STEP, KICK CROSS TOUCH, COASTER STEP WITH ¼ TURN RIGHT

- 1 Turning to face left diagonal & keeping right toe where it is, rock onto right
- 2 Recover on to left straightening up to 12:00 wall
- 3&4 Cross step right behind left, step left to left side, small step forward on right
- 5&6 Kick left forward, cross step left over right, touch right out to right side
- 7&8 Turn ¼ right stepping back on right, step left next to right, step forward on right

## WALK FORWARD TWICE, SYNCOPATED ROCKING CHAIR, TURN ½ LEFT, FORWARD LOCK STEP

- 1-2 Walk forward on left, right
- 3&4& Rock forward on left, recover back on to right, rock back on left, recover forward on to right
- 5&6 Rock forward on left, recover back on to right, turn ½ left stepping forward on left
- 7&8 Step forward on right, lock step left behind right, step forward on right

## LEFT SIDE STEP, BALL CROSS ROCK RIGHT BEHIND LEFT, RIGHT SIDE STEP, BALL CROSS ROCK LEFT BEHIND RIGHT, TURN ¼ LEFT & STEP ON BALL OF RIGHT BEHIND X 3, TURN ¼ LEFT STEPPING FORWARD ON LEFT

- 1&2 Step left to left side, rock onto ball of right behind left, recover onto left
- 3&4 Step right to right side, rock onto ball of left behind right, recover onto right
- 5& Turn ¼ left stepping small step forward on left, step onto ball of right behind left
- 6& Turn ¼ left stepping small step forward on left, step onto ball of right behind left
- 7& Turn ¼ left stepping small step forward on left, step onto ball of right behind left
- 8 Turn ¼ left stepping small step forward on left

## CUFF RIGHT ACROSS LEFT, STEP RIGHT, COASTER STEP, STEP PIVOT ½ TURN LEFT, FULL TURN

- 1-2 Scuff right across the body with toe turned in, step right long step right
- 3&4 Step back on left, step right next to left, step forward on left
- 5-6 Step forward on right, pivot ½ turn left
- 7-8 Turn ½ left stepping back on right, turn ½ left stepping forward on left

## REPEAT

## **TAG**

**At the end of wall 4 facing 12:00**

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|-----|---|
| 1&2 | Step forward on right, lift both heels, drop both heels down    |
| 3-4 | Sweep left round from back to front, cross step left over right |
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