Stop Look & Listen



Compte: 32 Mur: 4 Niveau: Intermediate

Chorégraphe: Carole Daugherty (USA)

Musique: Rubberneckin' (2003 Remix) - Elvis Presley

Position: Begin dance facing 3:00 on left, turn to face 12:00 on count 1

CROSS-1/4 UNWIND-STAND, RETRO STRUTS: LEFT, RIGHT, BRUSH, TOE PRESS

&1-2 Cross ball of right foot over left, bend and open knees while unwinding ¼ left, straighten

knees taking weight right while leaning back left

Arms for counts &1-6

Right arm: extend right arm straight forward, hand held in stop position. Hold arm position through counts 6 Left arm: bend left elbow behind left hip, snap fingers using up & down motion with music through counts 6

3&4 Strut forward with left toes pointed to 9:00, pulse left knee up, step down on left heel

5&6 Strut forward on right foot, pulse right knee up, step down on right heel Styling: travel forward toward 12:00 with body angled to face 9:00 during counts 3-6

7-8 Brush left toes straight forward, press/point left toes out left

ELVIS HIP PUSHES: LEFT, RIGHT, TWIST 1/4 RIGHT, ELVIS KNEE POPS: LEFT, RIGHT

&1-2 With left toes pressed left roll left hip left turning knee out (&1), push right hip sharply out right

Turning ¼ right: twist heels left, twist heels right, twist heels left taking weight left

Step back in place on right, pop left knee forward across right, hold (or pulse to beat)

Step back in place on left, pop right knee forward across left, hold (or pulse with beat)

Arm styling option: add Elvis like arm movements during this 8 count section

SWITCH-CROSS, HOLD, TRAVELING RIGHT: SUGAR FOOT, STEP, TOGETHER, TOE, STEP RIGHT

&1-2 Step back in place on right foot, cross left foot in front of right, hold

3-4 Touch right toe to left instep, touch right heel to left instep

5-6 Step right on right foot, step left next to right foot7-8 Touch right toe to left instep, step right on right foot

Or swivel to the right 5-6-7-8 taking weight right

Arm option: move arms across chest in the opposite direction of heels, look facing opposite direction of arms

1/4 LEFT MONTEREY TURN, KNEE ROLL STEP, PIVOT 1/2 LEFT, HOLD, PADDLE 1/2 LEFT

1-2 Point left toes left, turn ¼ left on ball of right drawing left back to step in place

3-4 Roll right knee in, roll right knee out to step right

5-6 Pivot ½ left onto left foot, hold

&7&8 Push with right toes pressed next to left, turn 1/4 left and step on left, push with right toes

pressed next to left, turn 1/4 left and step on left

Or replace ½ left paddle with:

7-8 Step right forward, pivot ½ left onto left

REPEAT