Sundown



Compte: 0 Mur: 3 Niveau: Advanced

Chorégraphe: Kash Bane (UK)

Musique: Sundown - S Club Juniors



Sequence: A, BB, AA, BB, AA, B, C, A until end

PART A

BODY ROLL (WITH FLICK), RIGHT COASTER, LEFT SHUFFLE, 1 1/4 TURN WITH RONDÉ

1-2	Make a wave down your body starting with the shoulders, flicking out your right foot on count

2

3&4 Step back right, step left in place beside right, step right forward

5&6 Step left forward, close right to left, step left forward

7&8 Step right backwards making a ½ turn over left shoulder, switch weight by hopping onto left

foot while bringing right leg up into a rondé position. Continue a ¾ turn on ball of left foot

CROSS AND CLAP, 1/4 TURN BACK SHUFFLE, BACK ROCK, KICK, FLICK

1-2 Cross right foot over left, hold a	and clap hands
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3&4 Step back on left foot making a ¼ turn right, close right foot beside left, step back on left

5-6 Rock back on right foot, recover onto left

7-8 Kick right foot forward, flick it out to the right side

RIGHT SAILOR STEP, BACK ROCK, 1/4 TURN JUMP, KICK WITH SCOOT, BACK ROCK

1&2	Bring right foot behind left.	step left to left side.	step right to right side

3-4 Turning 1/8 over left shoulder, rock left foot behind right, recover back onto right foot squaring

out position

5-6 Jump with both feet making a ¼ turn over right shoulder, kick right foot forward while scooting

back on left

7-8 Rock back on right foot, recover onto left

KNEE ROLLS (WITH ARM MOVEMENTS), ¼ TURN FLICK AND SLAP, FORWARD ROCK, ¼ TURN BACK ROCK WITH STEP

1-2 Bring right into in towards left leg, push right knee outwards away from left leg

Arms: on count 1, touch right hand on left waist, on count 2, ouch right hand on right waist

3-4 Bring right knee in towards left leg, flick right leg out to right side making a ¼ turn left on ball

of left foot

Arms: on count 3, raise right arm over head. On count 4, bring right arm down, slapping right foot

5-6 Rock forward on right foot, recover onto left

7&8 Make a ¼ right rocking back on right foot, recover onto left, step right foot forward

PART B

STEP, 1/4 TURN FLICK, STEP, 1/2 TURN FLICK, 1/4 TURN STEP, FULL TURN WITH HITCH, STEP, CLICK

1-2	Step left foot forward, making a ¼ turn left on ball of left foot, flick right foot backwards
3-4	Step forward on right foot, making a ½ turn over right shoulder flick left foot back

5-6 Make a ¼ turn left on left foot, on ball of left foot continue into a full turn hitching right knee

7-8 Step right foot to right side, hold and click fingers

FORWARD ROCK, RECOVER WITH ½ TURN, LEFT SHUFFLE, ¾ BACK SHUFFLE, BACK ROCK

	1-2	Rock forward onto left foot, recover onto right foot making a ½ turn over right s	houlder
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3&4 Step left forward, close right foot to left foot, step left forward

5&6 Make a ¾ turn over left shoulder stepping right back, close left foot to right, step back on right

7-8 Rock back on left foot, recover onto right

CROSS, JUMP	OUT, SHOULDER MOVEMENTS, 1/4 TURNING SNAKE (WITH FLICK), STEP, CROSS
1-2	Cross left foot over right, jump stepping both feet shoulder width apart
For style, when	you jump apart, squat a little, bending knees and leaning slightly forward
3-4	Lean to the left, dropping right shoulder and raising left shoulder, lean to the right while
	dropping left shoulder and raising right shoulder
5-6	Make a body roll to the left (snake) making a ¼ turn right and flicking right foot out on count 6
7-8	Step right foot to right side, cross left foot over right
POINT, CROSS	S, POINT, TOUCH, KICK (TWICE), ½ TURN TOE STRUT
1-2	Point right toe to right side, cross right foot over left
3-4	Point left toe to left side, touch left next to right
5-6	Kick left foot outwards twice
7-8	Touch left toe forward, make a ½ turn over right shoulder dropping left heel
You may notice	there is an extra two counts during Part B so finish it off with:
1-2	Touch right toe forward, make a ½ turn over right shoulder dropping right heel
PART C	
	CK, LEFT TOE STRUT, RIGHT TOE STRUT, LEFT CROSSING TOE STRUT
1-2	Rock forward onto left foot, recover onto right foot
	steps are traveling at a backward diagonal direction to the right
3-4	Step back onto left toe, drop left heel
5-6	Step backward on right toe, drop right heel
7-8	Cross left toe over right foot, drop right heel
	RUT, ¼ TURN BACK ROCK, FULL TURN, CROSS, HOLD
1-2	Step right toe to right side, drop right heel
3-4	On ball of right make a $\frac{1}{4}$ turn over left shoulder, rocking back on left foot, recover onto right foot
5-6	Make a ½ turn over right shoulder stepping back on left foot, make a ½ turn over right shoulder stepping forward on right foot
7-8	Cross left over right, hold
¾ TURN, STEF	P, HOLD, FORWARD ROCK, RECOVER, 1/4 TURNING CROSS
1-4	Make a ¼ turn left by stepping back on right, make a ½ turn over left by stepping left forward step right forward, hold
5-6	Rock forward on left foot, recover on right
7-8	Make a ¼ turn right crossing left over right, hold
ROCK AND CR	OSS TWICE
1-4	Rock right to right side, recover on left, cross right over left, hold
5-8	Rock left to left side, recover on right, cross left over right hold
FORWARD RO	CK, RECOVER, BIG STEP, DRAG, BIG STEP
1-2	Rock right foot forward, recover onto left
3-4	Take a big step back on right, begin dragging left to righ
5-6	Continue dragging left to right
7-8	Take a big step to left and begin dragging right to left
SLIDE, BIG ST	EP, SLIDE, STEP, SCUFF, TOE STRUT
1-2	Continue sliding right to left
3-4	Take a big step to right and start to slide left to right
5-6	Continue sliding left to right
7-8	Step left forward, scuff right foot

THERE IS AN EXTRA TWO BEATS: