

Swing Switch (P)

Compte: 30

Mur: 0

Niveau: Partner



Chorégraphe: Linda De Ford (USA)

Musique: Moderate swing music, around 132 BPM

Position: Start in closed couple position

The Swing Switch uses 5 swing patterns per sequence. Dancers change partners, moving to their left, on the 5th pattern. This sequence also provides a good practice routine for the beginning swing dancer.

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| 1-6 | Basic pattern (triple step, triple step, rock, step) |
| 7-12 | Lady's right underarm turn (tuck and turn): lead on 1st shuffle. Lady turns right on 2nd |
| 13-18 | Lady's left underarm turn: partners pass right shoulder to right shoulder on 1st shuffle. Lady ½ turn left on 2nd as man makes a ½ turn right |
| 19-24 | Repeat step 3 and beginning partner change. On the rock step, man leads lady into a full left free turn |
| 25-30 | Turn left on shuffles, completing partner change (move 1 partner to the left) "catch" new partner on the rock of the rock-step |

REPEAT