Swing, Turn And Twist



Compte: 64 Mur: 1 Niveau: Intermediate

Chorégraphe: Mr Lim Peng Chye (SG)

Musique: Down At The Twist & Shout - More Tequila



SWING STEPS AND TURNS

1-4 Charleston steps - swing right foot forward, swing right foot back, swing left foot back, swing

left foot forward

Turn ¼ right, step right foot forward
Turn ½ left, step left foot forward

7&8 Turn round ¾ right, stepping, right foot, left foot, right foot

1-8 Repeat the above 8 opposite steps, starting with swinging left foot forward

DIAGONALLY FORWARD AND SHUFFLE

1-2 Two steps diagonally forward to the right; right foot, left foot

3&4 Shuffle right foot; right foot, left foot, right foot

5-6 Two steps diagonally forward to the left: left foot, right foot

7&8 Shuffle left foot: left foot, right foot, left foot

CROSS, SWIVEL AND HEEL CHANGE

1	Cross	riaht	foot	over	left	foot
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2 Turning to the left, unwind crossing with left foot beside right foot

3 Swivel both heels to the left& Swivel both toes to the left

4 Swivel both heels to the left and clap

Swivel both heels to the rightSwivel both toes to the right

6 Swivel both heels to the right and clap

7& Step left heel forward and pull foot back beside right foot8& Step right heel forward and pull foot back beside left foot

REPEAT OPPOSITE STEPS OF SECTIONS 2 & 3

1-16 Start with left foot diagonally forward to the left of section 2 and end with left heel forward and

pull back beside right foot of section 3

PADDLE TURNS TO LEFT AND RIGHT

1 Tap right foot forward with weight on left foot

& Pivot ¼ turn to the left on left foot

2&3&4& Repeat these steps three more times, keep turning to left, ending with weight on left foot (you

have made a full turn to the left)

5&6&7&8 Make a similar full turn to the right

FORWARD, CROSS, TURN

1-2	Right foot forward, cross left foot over right foot
3	½ turn to the right, stepping right foot to the right
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& Transfer weight and hips to the leftTransfer weight and hips to the right

5-6 Left foot forward; cross right foot over left foot 7 ½ turn to the left, stepping left foot to the left

& Transfer weight and hips to the rightTransfer weight and hips to the left