

# Switch A Roo

**Compte:** 64

**Mur:** 4

**Niveau:** Intermediate/Advanced



**Chorégraphe:** Lisa-Jo Bowers

**Musique:** Switch - Will Smith

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- |       |   |
|-------|---|
| 1&2   | Step left to left side, step right behind, step left to left side   |
| 3-4   | Hip bumps, right, left  |
| 5&6   | Step right to right side, step left behind, step right to right side  |
| 7-8   | Hip bumps, left, right  |
|       |   |
| 1&2   | Step left, right, left, making ¼ turn over left shoulder, (sailor step)   |
| 3-4   | Rock forward onto right, lean back on left  |
| 5&6   | Step right, left, right, making ¼ turn over right shoulder, (sailor step)   |
| 7-8   | Rock forward onto left, lean back on right  |
|       |   |
| 1&    | Step forward on left, pivot ½ turn over right shoulder  |
| 2     | Step left to left side  |
| 3     | Bend left knee, point hands towards left foot   |
| 4     | Lean on right leg, point left toe out, reach hands up in air towards the right  |
| 5&    | Step left behind right, step right to right side, (making ¼ turn over left shoulder)  |
| 6     | Step left forward   |
| 7&8   | Step right to right side, step left to left side, (roll knees when stepping)  |
|       |   |
| 1&2-3 | Heel bounces with shoulder shrugs, (make ¼ turn right, weight ends on right)  |
| 3     | Cross left over right, making ¼ turn over right shoulder  |
| 4     | Step right behind left, making ½ turn over right shoulder   |
| 5&6   | Slap right hand on right hip, slap left hand on left hip, bend knees  |
| 7     | Roll shoulders and knees in   |
| 8     | Roll shoulders and knees out  |
|       |   |
| 1-7   | Weave, (right side, left behind, right side, left in front, right side, left behind, right side)                              |
| 8     | Hitch left leg, left hand grabs left heel   |
|       |   |
| 1&    | Drop left leg and lunge left, lunge right   |
| 2     | Bring left to right to meet   |
| 3-4   | Two small jumps (hops) making ¼ turn over left shoulder   |
| 5&6   | Shuffle right   |
| 7&8   | Shuffle left  |
|       |   |
| 1     | Step right to right side making ¼ turn over left shoulder   |
| 2     | Step left to left side  |
| 3-4   | Rotate hips twice   |
| 5-6   | Bend right knee out, bend left knee out   |
| 7-8   | Crouch down, stand up   |
|       |   |
| 1&2   | Small steps back, right, left, right, (feet end in line, shoulder width apart)  |
| 3-4   | Jump ½ turn over left shoulder, jump ½ turn over right shoulder   |
| 5-8   | Claps and hips, (hips left clap high left / hips right clap low right / hips left clap low left / hips right clap high right) |

**REPEAT**

## **TAG**

- 1-4 Hold (after "heay", call out "heay" in echo)
- 5-6 Hitch left knee, Point left toe to side
- 7-8 Hitch left knee making  $\frac{1}{4}$  turn over right shoulder, Point left toe to side
- 9-10 Hitch left knee making  $\frac{1}{4}$  turn over right shoulder, Point left toe to side
- 11-12 Hitch left knee making  $\frac{1}{4}$  turn over right shoulder, Point left toe to side

**At end of 12th count, weight ends up on left leg**

## **SEQUENCE**

- Wall 1 Normal
- Wall 2 End of Section 2 restart dance, making  $\frac{1}{4}$  turn over Left shoulder
- Wall 3 Normal (after restart)
- Wall 4 After Section 4 insert Tag, continuing from Section 5 after Tag
- Wall 5 End of Section 2 restart dance, making  $\frac{1}{4}$  turn over left shoulder
- Wall 6 Normal (after restart)

**Music should end just after end of Section 8 on Wall 6**

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