Tough Enough!!!



Compte: 32 Mur: 4 Niveau: Improver

Chorégraphe: Chris Brocklesby (NZ)

Musique: When the Going Gets Tough - Boyzone



STEP RIGHT TO RIGHT SIDE, TOUCH LEFT, SHOULDERS UP&DOWN

Step right to right side

2 Touch left beside right being left hand in line with chest palm facing down

Leave left hand in last position. Leave right hand straight down next to right hip

Rise right shoulder dropping left shoulder & Rise left shoulder dropping right shoulder 4 Rise right shoulder dropping left shoulder

LEFT TO LEFT SIDE, TOUCH RIGHT, SHOULDERS UP&DOWN

(Drop both hands down beside hips) step left to left side

6 Touch right beside left being right hand in line with chest palm facing down

On 7&8 leave right hand in last position. Leave left hand straight down next to left hip

7 Rise left shoulder dropping right shoulder & Rise right shoulder dropping left shoulder 8 Rise left shoulder dropping right shoulder

WALK FORWARD RIGHT-LEFT, OUT, OUT, IN, IN, SHOULDERS RIGHT-LEFT-RIGHT

9-10 Walk forward right, walk forward left

11-12 Step right out to right side, step left out to left side

Step right in place, step left in place Leave both hand down beside hips, both fists closed 15 Rise left shoulder dropping right shoulder & Rise right shoulder dropping left shoulder 16 Rise left shoulder dropping right shoulder

WALK FORWARD RIGHT-LEFT, OUT, OUT, IN, IN, SHOULDERS RIGHT-LEFT-RIGHT

17-18 Walk back right, walk back left

19-20 Step right out to right side, step left out to left side

21-22 Step right in place, step left in place Leave both hand down beside hips, both fists closed

23 Rise left shoulder dropping right shoulder & Rise right shoulder dropping left shoulder 24 Rise left shoulder dropping right shoulder

STEP 1/4, SLIDE X4 (NO WEIGHT CHANGES)

25-26	Take a big step to right side making a ¼ turn left, slide left up to right (weight is still on right)
27-28	Take a big step to left side making a ¼ turn left, slide right up to left (weight is still on left)
29-30	Take a big step to right side making a ¼ turn left, slide left up to right (weight is still on right)
31-32	Take a big step to left side making a ¼ turn left, slide right up to left (weight is still on left)

REPEAT

13-14