

Troubled

Compte: 32

Mur: 4

Niveau:

Chorégraphe: Cindy Truelove (AUS)

Musique: Some Kind of Trouble - Tanya Tucker



1-2 Touch right toe to side, bring right knee to left knee with right knee bent
3 Turn ¼ left and touch right toe to side
4 Bring right knee to left knee with right knee bent

5-7 Vine-step right to side, cross step left behind right, step right to right side
8 Turning ¼ left, rock back on right and point left toe up

9&10 Move hips forward, back, forward (weight on left)
11&12 Move hips back, forward, back (weight on right)
13-14 Move hips forward (weight on left), hips back (weight on right)
15-16 Move hips forward (weight on left), hips back (weight on right)

The above hip movements are done with a smooth, rolling effect

17-19 Walk forward right-left-right
20 Touch right toe next to left heel

21& Touch right toe to side, step right next to left
22& Touch left toe to side, step left next to right turning ¼ left
23& Touch right toe to side, step right next to left
24& Touch left toe to side, step left next to right

25-26 Right heel forward at 45 degrees, step right next to left
27-28 Left heel forward at 45 degrees, step left next to right

29-30 With right heel forward and toes off floor push on heel and swivel toes to outside (movement is done like grinding something into the floor), ending with weight on left

31-32 Step right back, step on left in place

REPEAT