U Can't Stop Me



Compte: 48 Mur: 2 Niveau: Intermediate

Chorégraphe: Rebecca Ewan (UK)

Musique: Paid My Dues - Anastacia



KICK TOUCH FLICK, ROCK & CROSS, WALK TWICE, ROCK & TURN

1&2	Kick right foot forward, touch right foot to right side, flick right foot up behind left leg
3&4	Rock right foot to right side, recover weight onto left, cross right foot over left

5-6 Walk diagonally forward to the left, stepping left, right

7&8 Rock forward on the left, recover weight onto right, step left foot to left side making 1/8 turn

left, (now facing the 9:00 wall)

HITCH TURN TWICE, BEHIND & CROSS, SIDE HITCH, MONTEREY 1/2

&1&2 Hitch right knee next to left making ¼ turn left, touch right foot to right side, hitch right knee

next to left making 1/4 turn left, touch right foot to right side

3&4 Cross right behind left, step left to left side, cross right over left

5-6 Step left foot to left side dipping down and to the left, hitch right knee next to left

7&8 Touch right foot to right side, make ½ turn right stepping right next to left, touch left foot to left

Back to 9:00 wall

CROSS & SIDE TWICE, WALK TWICE, KICK & HEEL

1&2 Traveling forward, cross rock left over right, recover weight onto right and step left foot to left

side and slightly forward

3&4 Traveling forward, cross rock right over left, recover weight onto left and step right foot to

right side and slightly forward

Walk diagonally forward to the right, stepping left, right 5-6

Still angled to the right, kick left foot forward, step left foot next to right and touch right heel 7&8

forward

& BUMP & BUMP, ROCK TURN TOUCH, SIDE TOUCH, TOUCH STEP TOUCH

&1 Step right foot next to left, stepping forward on left bump hips forward

&2 Bump hips back, bump hips forward

3&4 Rock right foot to the right side, recover weight onto the left making 1/4 turn left, touch right

foot next to left. (you should now be facing the 7:00 wall)

5-6 Step right foot to the right side (straighten up to face the 6:00 wall), touch left foot over right

&7-8 Touch left foot slightly out to the left side, step left foot further to the left, touch right foot

behind left

WALK TWICE, ROCK & TURN, & WALK TWICE, ROCK & TURN

1-2 Walk forward right, left

3&4 Cross rock right over left, recover weight onto left, step right to the right side making 1/4 turn

right

&5-6 Step left foot next to right, walk forward right, left

7&8 Cross rock right over left, recover weight onto left, step right foot to right side making 1/4 turn

right

& TOUCH HOLD, & TURN HOLD, CROSS & HEEL, COASTER STEP

&1-2	Step left foot next to right, touch right foot to right side, hold
&3-4	Turn ½ right stepping right next to left, touch left foot to left side, hold
5&6	Cross left foot over right, step back on right, touch left heel forward
7&8	Step back on left, step right next to left, step forward on left