

Up!

COPPER KNOB
STEPSHEETS

Compte: 34

Mur: 4

Niveau: Intermediate

Chorégraphe: Wayne Whalen (USA)

Musique: Up! - Shania Twain



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- | | |
|---------|--|
| 1&2 | Kick right foot forward, step right next to left foot, touch left foot toe to left side |
| 3&4 | Kick left foot forward, step left foot next to right foot, touch right toe to right side |
| 5-8 | Repeat counts 1-4 |
| | |
| 1-4 | Paddle turn to your left, leaving left foot in place and using right foot as the paddle do a complete full turn to your left |
| 5&6 | Sailor shuffles- step right foot behind left foot, step left foot beside right foot, step right foot to right side |
| 7&8 | Step left foot behind right foot, step right beside left foot, step left foot to left side |
| | |
| 1-2 | Rock right foot forward in front of left foot, stepping back on left foot starting a backward spin. (as in walk the line) |
| 3 | Step right foot back doing ½ turn right |
| 4 | Step left foot forward doing a ½ turn right |
| 5 | Step right foot back doing a ½ turn right |
| 6 | Step left foot forward slightly in front of right foot |
| 7 | Jazz box- step right foot over left |
| 8 | Step left straight back |
| | |
| 1 | Step right foot to right side |
| 2 | Touch left foot beside right foot |
| &3&4 | Step left foot to left, step right foot to right side, bring left foot back in, step right foot over left foot |
| 5-6 | Unwind to your left both |
| 7-8-1-2 | Bump hips to right twice and then left twice transferring your weight to your left |

The hip bumps are only done the first time thru. After that you'll start the dance over after you unwind

REPEAT
