Waltz 'n' Sway (P)



Compte: 24 Mur: 0 Niveau: Partner

Chorégraphe: Adrian Lacamp (UK)

Musique: Three Hearts In a Tangle - Roy Drusky



Position: Modified Cape or any side by side position. Start facing OLOD Too many people try to 'sway' to a waltz beat. This dance looks like the sway, but isn't, quite. Man and lady steps are the same unless otherwise stated

BOTH			
1	Step left foot to left side		
2	Touch right foot beside left		
3	Hold beat (for effect on holds, raise up on toes)		
4	Step right foot to right side		
5	Touch left foot beside right		
6	Hold beat		
7-9	Repeat steps 1-3		
10	Step right foot ¼ turn right to right side (facing RLOD)		
11	Brush left foot forward		
12	Hitch left knee		
13	Stan left foot back 1/ turn left (new facing OLOD again)		
14	Step left foot back ¼ turn left (now facing OLOD again) Step right foot behind left		
15	Step left foot beside right		
13	Step lett loot beside right		
MAN			
MAN 16	Step left foot diagonally back and to the left		
	Step left foot diagonally back and to the left Stepping right beside left, bow to the lady		
16	·		
16 17	Stepping right beside left, bow to the lady		
16 17 18	Stepping right beside left, bow to the lady Hold the bow		
16 17 18 19	Stepping right beside left, bow to the lady Hold the bow Regain upright position		
16 17 18 19 20	Stepping right beside left, bow to the lady Hold the bow Regain upright position Step slightly forward on right (to meet your lady)		
16 17 18 19 20 21	Stepping right beside left, bow to the lady Hold the bow Regain upright position Step slightly forward on right (to meet your lady) Step left foot to left side (start of grapevine left)		
16 17 18 19 20 21	Stepping right beside left, bow to the lady Hold the bow Regain upright position Step slightly forward on right (to meet your lady) Step left foot to left side (start of grapevine left) Step right foot behind left foot		
16 17 18 19 20 21 22 23	Stepping right beside left, bow to the lady Hold the bow Regain upright position Step slightly forward on right (to meet your lady) Step left foot to left side (start of grapevine left) Step right foot behind left foot Step left foot to left side		
16 17 18 19 20 21 22 23 24	Stepping right beside left, bow to the lady Hold the bow Regain upright position Step slightly forward on right (to meet your lady) Step left foot to left side (start of grapevine left) Step right foot behind left foot Step left foot to left side Step right foot beside left		
16 17 18 19 20 21 22 23 24 LADY 16	Stepping right beside left, bow to the lady Hold the bow Regain upright position Step slightly forward on right (to meet your lady) Step left foot to left side (start of grapevine left) Step right foot behind left foot Step left foot to left side Step right foot beside left Step left foot ½ turn to the left		
16 17 18 19 20 21 22 23 24 LADY 16 17	Stepping right beside left, bow to the lady Hold the bow Regain upright position Step slightly forward on right (to meet your lady) Step left foot to left side (start of grapevine left) Step right foot behind left foot Step left foot to left side Step right foot beside left Step left foot ½ turn to the left Pivoting ¼ turn on left foot, step right foot beside left		
16 17 18 19 20 21 22 23 24 LADY 16 17	Stepping right beside left, bow to the lady Hold the bow Regain upright position Step slightly forward on right (to meet your lady) Step left foot to left side (start of grapevine left) Step right foot behind left foot Step left foot to left side Step right foot beside left Step left foot ½ turn to the left Pivoting ¼ turn on left foot, step right foot beside left Touching right foot slightly back, 'bob' an curtsey to your man		
16 17 18 19 20 21 22 23 24 LADY 16 17	Stepping right beside left, bow to the lady Hold the bow Regain upright position Step slightly forward on right (to meet your lady) Step left foot to left side (start of grapevine left) Step right foot behind left foot Step left foot to left side Step right foot beside left Step left foot ½ turn to the left Pivoting ¼ turn on left foot, step right foot beside left		

Step right foot to right side (start of grapevine right with ½ turn)

Touch left foot beside right (completing the ½ turn and keep weight on right foot)

Step left behind left foot

Step right foot 1/4 turn to right

REPEAT

21

22

23

24

Hand positions are entirely up to the couple dancing and their start positions.					