

# Waltz 'n' Sway (P)

**COPPER KNOB**  
STEPSHEETS

Compte: 24

Mur: 0

Niveau: Partner

Chorégraphe: Adrian Lacamp (UK)

Musique: Three Hearts In a Tangle - Roy Drusky



**Position: Modified Cape or any side by side position. Start facing OLOD**

**Too many people try to 'sway' to a waltz beat. This dance looks like the sway, but isn't, quite. Man and lady steps are the same unless otherwise stated**

## **BOTH**

- 1 Step left foot to left side
- 2 Touch right foot beside left
- 3 Hold beat (for effect on holds, raise up on toes)
  
- 4 Step right foot to right side
- 5 Touch left foot beside right
- 6 Hold beat
  
- 7-9 Repeat steps 1-3
  
- 10 Step right foot  $\frac{1}{4}$  turn right to right side (facing RLOD)
- 11 Brush left foot forward
- 12 Hitch left knee
  
- 13 Step left foot back  $\frac{1}{4}$  turn left (now facing OLOD again)
- 14 Step right foot behind left
- 15 Step left foot beside right

## **MAN**

- 16 Step left foot diagonally back and to the left
- 17 Stepping right beside left, bow to the lady
- 18 Hold the bow
- 19 Regain upright position
- 20 Step slightly forward on right (to meet your lady)
- 21 Step left foot to left side (start of grapevine left)
- 22 Step right foot behind left foot
- 23 Step left foot to left side
- 24 Step right foot beside left

## **LADY**

- 16 Step left foot  $\frac{1}{4}$  turn to the left
- 17 Pivoting  $\frac{1}{4}$  turn on left foot, step right foot beside left
- 18 Touching right foot slightly back, 'bob' an curtsy to your man
- 19 Regain upright position
- 20 Step slightly forward on left (to meet your man)
- 21 Step right foot to right side (start of grapevine right with  $\frac{1}{2}$  turn)
- 22 Step left behind left foot
- 23 Step right foot  $\frac{1}{4}$  turn to right
- 24 Touch left foot beside right (completing the  $\frac{1}{2}$  turn and keep weight on right foot)

## **REPEAT**

Hand positions are entirely up to the couple dancing and their start positions.

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