Ain't No Mountain



Compte: 80

Mur: 2

Niveau: Intermediate

Chorégraphe: Doug Miranda (USA) & Jackie Miranda (USA)

Musique: Ain't No Mountain High Enough - Michael McDonald



Part A Set 1 Rock Forward, Rock Back, ?turn Right, ?Turn **Right, Heel** Taps 1-4 Rock forward on R, rock back on L, turn ?R stepping on R, turn ?R stepping back on L (weight is on L) 5-8 Tap R heel four times with weight ending on R while raising R hand as it is extended forward upwards from side Set 2 Heel Taps, ?Turn Left With Point, **?Turn Right** With Point, ?Turn Left 1-4 Tap L heel four times with weight ending forward on L while lowering R hand 5-6 Make a ?turn L as you point R toe to R side and extend arms out to sides, step down on R lowering arms

7-8 Make a ?turn R as you point L toe to L side and extend arms out to sides, step down on L as you turn ?L lowering arms Set 3 ?Turn Left Walking Back R, L, R, Touch, ?Turn L 1-4 Pivot ?turn L on L foot as you walk back R, L, R touch L forward 5-8 Turn ?L by turning ?L on L, turn ?L stepping back on R, turn ?L stepping L to L side, touch R next to L Set 4 Side. Hold, Side, Hold, Rock Forward, Rock Back, ?Turn L, Shuffle 1-2 Step R to R side, hold &3-4 Step L next to R, step R to R side, hold (weight ends on R) 5-6 Rock forward on L, rock back on R 7&8 Make a ?turn L as you shuffle forward L, R, L Set 5 ?Turn **Right Monterey** Turn, ?Turn **Right Monterey** Turn 1-2 Point R to R side, make a ?turn R as you bring R next to L (weight ends

on R)

side, step L next to R (weight ends on L) 5-8 Repeat steps 1-4 above Note: You will be traveling slightly back as you execute the monterey turns Set 6 Rock Forward, Rock Back, ?Turn R, Shuffle, Full Turn R Paddle Turns 1-2 Rock forward on R, rock back on L 3&4 Make a ?turn R as you shuffle forward R, L, R 5&6&7&8 Make a full turn R as you pivot on ball of R and paddle into ?turns R, pointing L to L side each time you make a ?turn R (you will have made a full turn R), stepping down on L on count 8 (weight ends on L)

3-4 Point L to L

Part B Set 1 Vine Right, Touch, Step, Touch, Step, Touch (With Snaps) 1-4 Step R to R side, step L behind R, step R to R side, touch L at slight L angle (L knee is slightly raised, you will be looking at a L angle as you cross hands and snap fingers) 5-8 Step down on L as you face forward, touch R at slight R angle (R knee slightly raised, you will be looking at a R angle, uncross hands and snap outwards and slightly upwards), step down on R as vou face forward, touch L at slight L angle (L knee is slightly raised, you will be looking at a L angle as you cross hands and snap fingers)

Set 2 Vine Left, Lean Left

1-4 Step L to L side, step R behind L, step L to L side, cross R over L 5-8 Step L to L side, either tap L heel four times or move shoulders up and down as you lean onto L foot (weight on L) Set 3 Jazz Square, ?Turn Right, Step Lock Forward, **?Turn Right** Shuffle Back 1-4 Cross R over L, step slightly back on L, turn ?R stepping forward on R, step L next to R (weight ends on L) 5&6 Step lock forward R, L, R 7&8 Make a ?turn R and shuffle back L, R, L Set 4 ?Turn Right, Step **Right Out To** Right Side, Step Left Out To Left Side, Hold, Step, Cross, ?Turn R Heel Bounces or Twists to Right 1-2 Make a ?turn R as you step R out to R side, step L out to L side (weight ends on L) 3&4 Hold, step R slightly back for ??count, cross L over R (weight ends on L) 5-8 Twist or bounce heels into a ?turn R with weight

ending on L

Note: You will dance part B three times. At them end of part B, you will be facing the back wall. You will dance Part A all the way through. Then dance Part B three more times before doing the ending : just do the first 8 counts of Part A and then continue to turn side to side, snapping your fingers with arms crossed and then uncrossed.