## Mr Vain



Compte: 64 Mur: 2 Niveau: Intermediate

Chorégraphe: Paul Crawshaw (UK)

Musique: Mr. Vain - Culture Beat



SYNCOPATED HIP BUMPS, SYNCOPATED STEP LOCK

**STEPS** 1&2 Step diagonally forward on right, bumping hips forward back forward 3&4 Step diagonally forward on left, bumping hips forward back forward 5&6 Step forward on right, lock left behind right, step forward on right 7&8 Step forward on left, lock right behind left, step forward on left

SYNCOPATED JAZZ BOX WITH POINT, CROSS SHUFFLES TO LEFT

1-2 Cross right over left, step back on left &3-4 Step right next to left, cross left over right, point right toe to right 5&6 Cross right over left, step left to left, cross right over left &7&8 Step left to left, cross right over left, step left to left, cross right over left

SYNCOPATED JAZZ BOX WITH POINT, CROSS SHUFFLES TO RIGHT

1-2 Cross left over right, step back on right &3-4 Step left next to right, cross right over left, point left toe to left 5&6 Cross left over right, step right to right, cross left over right &7&8 Step right to right, cross left over right, step right to right, cross left over right

## ROCKING ROGER RABBITS

&1&2 Scoot back on left, step back on right behind left, scoot back on right, step back on left behind right &3&4 Scoot back on left, step back on right, rock forward on left. rock back on right &5&6 Scoot back on right, step back on left behind right. scoot back on left, step back on right behind left

&7&8 Scoot back on right, step forward on left, rock back on right, rock forward on left

1/2
MONTEREY
TURN RIGHT,
HEEL AND
TOE
SWITCHES
1-4 Touch right
toe to right, on
ball of left turn
1/2 right and
place right pext

ball of left turn 1/2 right and place right next to left, touch left to left, step left next to right 5&6 Touch right heel diagonally forward, step right next to left, touch left heel diagonally forward &7&8 Step left next to right, touch right toe

behind left, place right next to right, touch left heel diagonally forward

1/4
MONTEREY
TURN RIGHT,
HEEL AND
TOE
SWITCHES
&1-4 Step left
next to right, touch right toe
to right, on ball
of left turn 1/4
right and step
right next to left,
touch left to left,

step left next to

right

5&6 Touch right heel diagonally forward, step right next to left, touch left heel diagonally forward &7&8 Step left next to right, touch right toe behind left, step right next to left, touch left heel diagonally forward

RIGHT ROCK, **LEFT CROSS** SHUFFLE, LEFT ROCK, **RIGHT CROSS** SHUFFLE &1-2 Step left next to right, rock right to right, recover weight on left 3&4 Cross right over left, step left to left, cross right over left 5-6 Rock left to left, recover weight on right 7&8 Cross left over right, step right to right, cross left over right

1/2 PIVOT LEFT, **FORWARD RIGHT** SHUFFLE, **FORWARD ROCK, TRIPLE 3/4 TURN LEFT** 1-2 Step forward on right, pivot 1/2 left 3&4 Step forward on right, place left next to right, step forward on right

5-6 Rock forward on left, recover weight on to right 7&8 3/4 turn left, stepping left right left