Compte: 80



Niveau:

Chorégraphe: Karen Jones (UK) & Barry Porter (UK)

Musique: Jezabel - Ricky Martin

# VERSE

# LATIN WALKS RIGHT, LEFT, CROSS OUT OUT, HIP BUMPS RIGHT, LEFT

- Cross right over left, cross left over right 1-2
- 3&4 Cross right over left, step out right, out left
- 5-6 Bump hips to left, bump hips to right
- 7&8 Circle hips around to the left twice (weight ending on left foot)

# LOOK RIGHT, LEFT, RIGHT, LEFT, HINGE ½ TURN RIGHT, POINT LEFT, CROSS, POINT RIGHT

- 1-2 Turn body from hips to face back (bending knees slightly at same time) looking over right shoulder return to face front (knees straight)
- 3-4 Repeat counts 1-2 (weight on left)
- 5 1/2 turn right bringing right next to left
- 6 Point left to left
- 7-8 Cross left over right, point right to right

# BALL CROSS, POINT TO RIGHT, BALL CROSS, SIDE, SWEEP, CROSS, SIDE, CROSS, ¼ TURN

- &1 Bring right back to left, cross left over right
- 2 Point right to right
- &3-Bring right behind left, cross left over right
- 4 Step right to right side
- 5-6 1/2 turn right sweeping left foot around and across right(weight on left)
- 7&8 Step right to right, cross left over right, step right 1/4 turn right

# SWEEP, CROSS, PUSH, BACK, HOOK, WALK FORWARD LEFT RIGHT, FORWARD LOCK STEP

- 1-2 Sweep left out to left and cross over right (weight on left)
- &3 Large push back from left, stepping back onto right
- 4 Slide left back hooking left over right touching left toe on floor on the right side of right foot
- 5-6 Walk forward left, right
- 7&8 Left locking shuffle forward

# 1/4 TURN RIGHT, TOGETHER, SIDE, CROSS, UNWIND 3/4 TURN RIGHT, SIDE, CROSS SHUFFLE

- 1-2 1/4 turn right stepping right foot to right, step left next to right
- 3-4 Step right to right side, cross left over right
- 5 Unwind <sup>3</sup>/<sub>4</sub> right (weight ends on right)
- 6 Step left to left side
- 7&8 Cross shuffle traveling left, stepping right, left, right

# LEFT SIDE ROCK, RECOVER, ROCK ¼ TURN LEFT, RECOVER, ½ TURN RIGHT, SWEEP & LOCK, LEFT LOCK FORWARD

- 1 Rock left to left side
- 2 Recover to right foot
- 3 Turn 1/4 left rocking out to left
- 4 Recover to right foot
- 5& Step left forward, 1/2 turn right
- 6 Turn  $\frac{1}{2}$  right sweeping right foot into the lock position behind left(weight on right)
- 7&8 Left locking shuffle forward





### CHORUS

| RIGHT, LEF | T, RIGHT, / LEFT RIGHT LEFT, LUNGE FORWARD / PUSH ¼ TURN RIGHT, CHASSE RIGHT                         |
|------------|--|
| 1&2        | Keeping feet apart rock on to ball of right, very subtle step forward on to ball of left, then right |

1&2Keeping feet apart rock on to ball of right, very subtle step forward on to ball of left, then right3&4Repeat stepping on ball of left, right, left

#### Styling note: place hands on hips and run them up the side of body through hair over counts 1-4 5-6 Right foot lunge forward and push back the weight on to the left foot

&7&8 1/4 turn right on ball of left, step right to right side, close left next to right, step right to right

# CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE LEFT, CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE RIGHT

- 1 Cross rock left over right as you lean forward shimmy(shoulders move right left right over 1&2)
- 2 Recover weight back on to right
- 3&4 Step left to left side, close right next to left, step left to left side
- 5 Cross rock right over left as you lean forward shimmy(shoulders move left right, left over 5&6) 6 Recover weight back on to left
- 7&8 Step right to right side, close left next to right, step right to right side

# LEFT, RIGHT, LEFT / RIGHT, LEFT RIGHT, LUNGE FORWARD / PUSH ¼ TURN LEFT, CHASSE LEFT

1&2 Keeping feet apart rock on to ball of left, very subtle step forward on to ball of right, then left3&4 Repeat stepping on ball of right, left, right

#### Styling note: place hands on hips and run them up the side of body through hair over counts 1-4

- 5-6 Left foot lunge forward and push back the weight on to the right foot
- &7&8 1/4 turn left on ball of right, step left to left side, close right next to left, step left to left

# CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE RIGHT, CROSS ROCK, RECOVER, (WITH SHIMMIES) CHASSE LEFT

- 1 Cross rock right over left as you lean forward shimmy(shoulders move left, right, left over 1&2)
- 2 Recover weight back on to left
- 3&4 Step right to right side, close left next to right, step right to right side
- 5 Cross rock left over right as you lean forward shimmy(shoulders move right, left right, over 5&6)
- 6 Recover weight back on to right
- 7&8 Step left to left side, close right next to left, step left to left side

#### REPEAT