J.R. Two-Step (Just Right Two-Step)

(P)

Compte: 60

Niveau: Improver line/contra dance

Chorégraphe: Mike Salerno (USA)

Musique: Meanwhile Back At The Ranch - Asleep At The Wheel

Mur: 2

Position: Contra lines with men on same side facing women across Man's steps described, lady's step are mirror image. Dance consists of 10 sets of two-step basic steps (QQSS) **TWO FORWARD TWO-STEP BASICS** Step left foot forward (quick) 1 2 Step right foot beside left foot (quick) 3 Step left foot forward (slow) 4 Hold 5 Step right foot forward (slow) 6 Hold 7-12 Repeat steps 1-6 above SIDE, CROSS TWO-STEP WITH A ¼ TURN, FORWARD BASIC 13 Step left foot to left side (quick) 14 Cross/step right foot behind left (quick) 15 Step left foot to left side with a 1/4 turn left (slow) 16 Hold 17 Step right foot forward (slow) 18 Hold 19-24 Repeat steps 1-6 above CROSS, BACK TWO-STEP, SIDE, CROSS TWO-STEP WITH ¼ TURN, FORWARD BASIC 25 Cross/step left foot in front of right foot (quick) 26 Step right foot backwards (quick) 27 Step left foot backwards (slow) 28 Hold 29 Step right foot backwards (slow) 30 Hold 31-42 Repeat steps 13-24 above SIDE, CROSS TWO-STEP WITH A 1/2 TURN 43 Step left foot to left side (quick) Cross/step right foot behind left (quick) 44 45 Step left foot to left side with a $\frac{1}{2}$ turn left (slow) 46 Hold 47 Step right foot to right side (slow)

48 Hold

FORWARD TWO-STEP BASIC, FREE SPINNING 1 ½ BASIC

49-54 Repeat steps 1-6 above

On step 54, prepare for free spin by rotating upper body opposite direction of spin to generate torque. Man turns to the right. Upper body prepares to the left. Woman opposite

- 55 Pivot a ¼ turn to the right on left foot (quick)
- 56 Pivot a ¹/₂ turn to the right on right foot (quick)





- 57 Pivot a ¹/₂ turn to the right on left foot (slow)
- 58 Hold
- 59 Step right foot back with ¼ turn (slow)
- 60 Hold

REPEAT