Jack's Back



Compte: 0 Mur: 4 Niveau: Intermediate

Chorégraphe: Pat Stott (UK) & Mike Cwykla (UK)

Musique: Jack Is Back - Diamond Jack



SECTION 1

TOE, KICK, CROSS, BACK, BACK, HOLD, CROSS, HOLD. REPEAT

1-2 Touch right toe next to left instep bending left knee and twisting to left diagonal, straighten

knee and kick right foot towards right diagonal

Walk back on right, hold, walk back on left, hold

3-4 Cross right over left, step back on left

5-8 Step back on right, hold, cross left over right, hold

9-16 Repeat steps 1-8

SIDE STRUT, ROCK, RECOVER, SIDE STRUT, ROCK, RECOVER, ½ TURN, LOWER HEEL, ROCK RECOVER, FULL TURN, STEP, HOLD

17-20	Place right toe to right, lower heel, rock back on left, recover on right
21-24	Place left toe to left, lower heel, rock back on right, recover on left
25-28	Step forward on ball of right and turn ½ to left, lower heel, rock back on left, recover on right
29-30	Step forward on left pivoting ¼ to right, pivot ½ to right and step right to right
31-32	Turn ¼ to right and step forward on left, hold
33-48	Repeat steps 1-16
49-64	Repeat steps 17-32

SECTION 2

1-4

WALK BACK, HOLD, BACK, HOLD, BACK, BACK, BACK, HOLD, HEEL STRUT, HEEL STRUT, STEP, PIVOT ½ TURN RIGHT, STEP, HOLD, WALK BACK, HOLD, BACK, HOLD, BACK, BACK, BACK, HOLD, HEEL STRUT, HEEL STRUT, STEP, ¼ TURN, CROSS, HOLD

5-8	Walk back - right, left, right, hold
9-12	Left heel forward, lower toe, right heel forward, lower toe
13-16	Step forward on left, turn ½ to right, step forward on left, hold
17-28	Repeat steps 1-12 of Section 2
29-32	Step forward on left, turn 1/4 to right transferring weight to right, cross left over right, hold

SECTION 3

WEAVE TO RIGHT, HOLD, TOUCH BEHIND, HOLD, WEAVE TO LEFT, HOLD, TOUCH BEHIND, HOLD, FORWARD, TOGETHER, FORWARD, TURN & HITCH, BACK, TOGETHER, BACK, HOLD, ROCK, RECOVER, STEP, FULL TURN, SHUFFLE FORWARD, HOLD

RECOVER, STEP, FULL TURN, SHUFFLE FORWARD, HOLD		
1-6	Step right to right, cross left behind right, step right to right, cross left over right, step right to right, hold	
7-8	Touch left touch behind right and swing both arms round to the left to finish to right side and shout "whoo", hold	
9-16	Repeat steps 1-8 traveling to left (swing arms to the right and finish arms to left side on step 7-8)	
17-20	Step forward on right, close left to right, step forward on right, pivot ½ to right and hitch left knee	
21-24	Step back on left, close right to left, step back on left, hold	
25-28	Rock back on right, recover on left, step forward on right, pivot full turn left (weight on right)	
29-32	Step forward on left, close right to left, step forward on left, hold	
33-48	Repeat steps 1-16 of Section 3	
49-52	Step forward on right, close left to right, step forward on right, scuff left heel	
53-56	Step forward on left, close right to left, step forward on left, scuff right heel	

Rock forward on right, recover on left, step back on right, hold
Touch left toe back, hold, turn ½ turn left and transfer weight to left, hold

REPEAT

Easier steps to replace 29-32 of section 1

29-32 Step forward on left, close right to left, step forward on left, hold