# **Jackson Twist**

Chorégraphe: Pam Kaiser

Compte: 42

Musique: She's Got The Rhythm - Alan Jackson

**Mur:** 2

#### HEELS, WIGGLE DOWN, WIGGLE UP 1-4

- Feet together, twist heels to right and return to center, twist heels to right and return to center 5-8 Drop left hip down, then drop right hip down, lift right hip up, lift left hip up 9-12 Step forward on the right, left, right, and kick left 13-16 Step back on the left, right, left, and touch the right toe behind left heel (wing)
- 17-18 Step together, touch left toe behind right heel (wing)

# VINES

19-22 Vine left: step left with left foot, slide right behind left, step left, scuff with right 23-26 Vine right: step right with right foot, slide left behind right, step right and touch left toe beside right foot

## DIGS

- 27-28 Do a left heel dig and in one movement turn 1/4 to the right and do a left toe touch slightly behind right heel
- Heel dig, turn ¼ turn, and toe touch again 29-30
- 31-34 Do 2 left heel digs to the front and 2 left toe touches to the back
- 35-38 Step forward on the left, do a right scuff forward, step forward on the right, do a left scuff forward
- 39-42 Step back on the left, right, left and return right home beside the left

## REPEAT





Niveau: