Insatiable



Compte: 64 Mur: 4 Niveau: Intermediate/Advanced

Chorégraphe: Noel Bradey (AUS)

Musique: Insatiable - Darren Hayes



1-2-3-4	Kick right forward at 45 degrees right, cross/step right over left, step left back at 45 degrees left, cross/step right over left
5-6-7-8	Step left to left side, replace weight to right, cross/step left over right, hold
1-2-3-4	Kick right forward at 45 degrees right, cross/step right over left, step left back at 45 degrees left, cross/step right over left
5-6	Step back on left at 45 degrees left, cross/step right over left
7-8	On balls of both feet turn ¾ turn left (end weight on right), hook left over right (take time on the turn hooking on the end of count 8)
1-2-3-4	Step forward left, lock/step right behind left, step forward left, hold
5-6	Turning ¼ turn left sweep right toe around to step on right in front of left (take both counts to do the turn, stepping in front on the end of count 6)
7-8	On ball of right turn ¼ turn left, slide/step the ball of left forward to step forward on left (there will be a very slight pause before the next step - listen to the music)
1-2-3-4	Step right to right side, cross/step left over right, step right to right side, cross/step left over right
5-6	*** Turning ¼ turn left step back on right, hook left over right
7-8	Step forward on left, on the ball of left turn ¼ turn left to step back on right
1-2	Turn ¼ turn left stepping left to left and pushing hips to left, hold
3-4 5-6-7-8	Push hips loft right loft right
J-0- <i>1</i> -0	Push hips left, right, left, right
1-2	Step left behind right at 45 degrees, replace weight to right
3-4	Turn ¼ turn right stepping back on left, kick right forward,
5-6-7-8	Rock/step right to right side, replace weight to left, cross/step right over left, hold
1-2	Step forward on left at 45 degrees left pushing left hip forward, replace weight to right,
3-4	Cross/step left over right, hold
5-6	On ball of left turn ½ turn left stepping back on right, hold
7-8	On ball of right turn ½ turn left stepping forward on left, hold
1-2-3-4	Step forward on right, replace weight to left, step right beside left, hold
5-6-7-8	Step back on left, replace weight to right, step left beside right, hold

REPEAT

RESTARTS

There is a restart in the dance on walls 2, 5, 8, 12 (last wall). Dance to count 31, then do a ¼ turn turn left on ball of left touching right beside left. Restart dance from count 1 (except wall 12 - last wall - this will finish you to the front)

TAG

At the end of wall 6

1-2-3-4 Step forward on right, replace weight to left, step right beside left, hold

5-6-7-8	Step back on left, replace weight to right, step left beside right, hold
1-2	On ball of left turn ½ turn left stepping back on right, hold
3-4	On ball of right turn ½ turn left stepping forward on left, hold
5-6-7-8	Rock/step forward on right, replace weight to left, touch right beside left, hold
Thank you to Lyn Bartle for your keen eye during the creation of this dance.	