Island Beat



Compte: 32 Mur: 2 Niveau:

Chorégraphe: Susan Brooks (USA)

Musique: Cannibal - Buster Poindexter

Position: Done in off-set contra lines or in a circle

1-4 Bump hips right, right, left, left as you roll hand up twice and down twice as you bend body up

then down

5-8 Vine right, touch left and bump hips right and clap

9-12 Repeat 1-4 reversing hip movement

13-16 Vine left, ¼ turn left-touch right/clap and bump left

LINES CROSS

17-18 Side step right, step left behind right 19-20 Side step right, step left across right

21-22 Step forward right and sway hips right, pivot 1/8 left and sway hips left Step forward right and sway hips right, pivot 1/8 left and sway hips left

Now facing opposite line

25-27 Step forward right, left, right

28 Kick forward left-slap hands with 2 people in opposite line and yell "hey mon"

29-31 Step back left, right, left

Touch right and yell "go mon"

REPEAT