The Island



Compte: 32 Mur: 2 Niveau: Intermediate/Advanced

Chorégraphe: Jan Wyllie (AUS)

Musique: Make Me an Island - Joe Dolan



FORWARD ROCK RETURN, & STEP ½, STEP FORWARD &PIVOT ½, STEP FORWARD & STEP TOGETHER

1-2 Rock/step forward on right keeping left in place, step back on left

& Making ½ right step forward on right

3& Step forward on left, pivot ½ right transferring weight to right

4& Step forward on left, step right, beside left

SIDE ROCK RETURN & SIDE ROCK RETURN & TOUCH

5-6 Side/rock left to left keeping right in place, rock weight sideways onto right

& Step left beside right

7-8& Side/rock right to right keeping left in place, rock weight sideways onto left, touch right beside

left

FORWARD ROCK RETURN, & STEP TOGETHER, ½ LEFT, &½ LEFT, ½ LEFT, &STEP TOGETHER

9-10& Rock/step forward on right keeping left in place, rock back on left, step right beside left

11 Making ½ left back over left shoulder step forward on left

& Making a further ½ left step back on right

12& Making a further ½ left step forward on left, step right beside left

FORWARD ROCK RETURN, & STEP TOGETHER, ROCK BACK, ROCK FORWARD

13-14& Rock/step forward on left keeping right in place, rock back onto right, step left beside right

15&16 Rock/step back on right, hook left across right, rock forward onto left

14 ROCK 14 RETURN, &1/2 TURN, 14 ROCK 14 RETURN, & 1/2 TURN

17 Rock/step forward on right making ¼ left (keep left in place)

18& Making ¼ right rock weight back onto left, making ½ right step forward on right

19 Step forward on left making ¼ right (keep right in place)

20& Making ¼ left rock weight back on to right, making ½ left step forward on left

14 ROCK RETURN, & 12 TURN, STEP FORWARD & PIVOT 12, STEP FORWARD & PIVOT 12

21 Rock/step forward on right making ¼ left (keep left in place)

22& Making ¼ right rock weight back onto left, making ½ right step forward on right

Step forward on left, pivot ½ right transferring weight to right
Step forward on left, pivot ½ right transferring weight to right

FORWARD ROCK RETURN, & ½ TURN, STEP FORWARD & PIVOT ½, STEP FORWARD & STEP TOGETHER

25-26 Rock/step forward on left keeping right in place, rock back on right,

& Making ½ left step forward on left

27& Step forward on right, pivot ½ left transferring weight to left

28& Step forward on right, step left beside right

FORWARD ROCK RETURN, & TOUCH UNWIND ½

29-30 Rock/step forward on right keeping left in place, rock back on left

& Step right beside left

31-32 Touch left toe straight back, unwind ½ left dropping left heel to floor

REPEAT

Rosie gave me this music and requested the dance - thanks for that. The song is in fast waltz timing, but I have chosen NOT to do a waltz