

I Got Soul

Compte: 32

Mur: 0

Niveau:



Chorégraphe: Sandra Mailman (CAN)

Musique: Soul Man - Sam & Dave

KICK BALL CHANGE, STOMP, CLAP

- 1&2 Right kick ball change
- 3 Stomp right forward
- 4 Clap hands

KICK BALL CHANGE, STOMP, CLAP

- 5&6 Left kick ball change
- 7 Stomp left forward
- 8 Clap hands

STEP OUT RIGHT, SHIMMY, RETURN, CLAP

- 9 Step right foot out to right side $\frac{1}{4}$ turn while shimmying shoulders
- 10 Shimmy shoulders
- 11 Return right foot beside left foot while still shimmying shoulders
- 12 Clap hands

STEP OUT LEFT, SHIMMY, RETURN, CLAP

- 13 Step left foot out to left side $\frac{1}{4}$ turn while shimmying shoulders
- 14 Shimmy shoulders
- 15 Return left foot beside right foot while still shimmying shoulders
- 16 Clap hands

BLUES BROTHERS SIDE SHUFFLES

- 17&18 Blues brothers shuffle to the right (right-left-right)
- 19&20 Blues brothers shuffle to the left (left-right-left)

Blues Brothers shuffle: Place hands out in front, palms facing out waving hands up and down about waist height. Knees slightly bent.

ROCK BACK AND FORWARD, $\frac{1}{2}$ PIVOT

- 21 Rock back on right
- 22 Rock forward on left
- 23 Step forward with right foot
- 24 $\frac{1}{2}$ pivot to left

BLUES BROTHERS SIDE SHUFFLES

- 25&26 Blues brothers shuffle to the right (right-left-right)
- 27&28 Blues brothers shuffle to the left (left-right-left)

ROCK BACK AND FORWARD, $\frac{1}{4}$ PIVOT

- 29 Rock back on right
- 30 Rock forward on left
- 31 Step forward with right foot
- 32 $\frac{1}{4}$ pivot to left

REPEAT