Hot, Hot, Hot



Compte: 0 Mur: 0 Niveau: Phrased Intermediate / Advanced

Chorégraphe: Niels Poulsen (DK)

Musique: Hot! - Nik & Jay



Sequence: When dancing to Nik & Jay, it's AAB, AABB, AAC, BCB. When dancing to Donna Summer, it's AABB, AABB, B.

PART A

RIGHT HEEL BOUNCES TWICE, RIGHT KICK BALL CHANGE, CROSS RIGHT OVER LEFT, STEP ONTO LEFT TURNING 1/4 RIGHT, SHUFFLE BACKWARDS RIGHT-LEFT-RIGHT

1-2 Point right foot forward bouncing right heel twice (weight on left all the time) 3&4 Kick right foot forward & step back on right, change weight to left foot

5-6 Cross right over left, step left to left turning ¼ right on left

7&8 Shuffle backwards on right, left, right

STEP LEFT FORWARD, SCUFF RIGHT & STEP DOWN RIGHT, TURN ¼ STEPPING LEFT TO LEFT, TOUCH RIGHT NEXT TO LEFT, POINT RIGHT, HITCH RIGHT, STEP FORWARD RIGHT, POINT LEFT OUT

1-2 Step forward on left foot, scuff right foot raising you knee just a little

Step down on right foot turning 1/4 right stepping left to left, touch right next to left

5-6 Point right to right, hitch right

7-8 Step forward onto right foot, point left out to left

CROSS POINTS TWICE, CROSS LEFT OVER RIGHT, UNWIND 1/2 RIGHT, RIGHT KICK BALL POINT

1-2 Cross left over right moving slightly forward, point right to side
 3-4 Cross right over left moving slightly forward, point left to side
 5-6 Cross left over right, unwind ½ right ending with weight on left

7&8 Kick right foot forward & step back onto right foot, point left to left side

Styling (legs/knees and arms):

Bend down a little in your knees crossing your arms in front of each other (arms are straight).

Straighten knees raising both arms up to app. Horizontal level. You angle your body slightly

to the left

3-4 Repeat same pattern bending and straightening your knees and crossing and raising your

arms while angling the body slightly to the right

5 Lower your arms to normal level

STEP FORWARD LEFT, TURN ¼ LEFT HITCHING RIGHT KNEE, CROSS RIGHT OVER LEFT, STEP LEFT TO LEFT, KNEE POPS TWICE, TURN ¼ RIGHT, STEP FW LEFT

1-2 Step forward onto left foot, turn ¼ on left foot hitching right knee

3-4 Cross right over left, step left to left side

&5&6 Raise both heels from floor, lower them onto the floor again. Repeat (weight should be on left

foot)

7-8 Step right to right side, step forward onto left

PART B

STEP RIGHT FORWARD DIAGONALLY, STEP LEFT FORWARD DIAGONALLY, STEP BACK ON RIGHT, TOUCH LEFT, STEP LEFT, TOUCH RIGHT TO LEFT, STEP RIGHT, TOUCH LEFT TO RIGHT (CLAPS)

1-2	Step diagonally forv	vard on right, step	diagonally left and clap

Step back on right, touch left next to right and clap
Step left to left side, touch right next to left and clap
Step right to right, touch left next to right and clap

PLIÉ, HOLD, STEP LEFT BEHIND RIGHT (WEIGHT ON LEFT), HOLD, RIGHT SHUFFLE FORWARD, STEP FORWARD LEFT TURNING 1/4 RIGHT, TOUCH RIGHT NEXT TO LEFT

1-2 Step left out to side bending both knees (raise your arms up), hold

3-4 Recover to standing position but stepping left foot behind right in extended 5th position (lower

your arms down) (weight on left foot), hold

Shuffle right, left, right (hinting at the audience to come closer with your right index finger!)

7-8 Step forward on left turning ¼ right, touch right next to left

STEP RIGHT TO RIGHT, SLIDE LEFT TO RIGHT & POINT RIGHT, HOLD, CROSS UNWIND ½ LEFT, LEFT KICK BALL POINT OUT

1-2	Step right to right side, slide left next to right	
&3-4	Step down on left & point right to right side, hold	
5-6	Cross right over left, unwind ½ left (ending with weight on right)	

7&8 Kick left forward & step back on left, point right out to side

HEEL JACKS TWICE, MONTEREY WITH 1/4 RIGHT

1&-2&	Cross right over left stepping back on left, touch right heel diagonally forward stepping right

next to left (weight on right)

3&-4& Cross left over right stepping back on right, touch left heel diagonally forward stepping left

next to right (weight on left)

5-6 Point right to right side, bring right next to left turning ¼ right (weight on right)

7-8 Point left to left side, bring left next to right (weight on left)

PART C

STEP BACK ON RIGHT, BODY ROLL DOWN/UP, STEP FORWARD ON LEFT

1-3 Step back on right starting the body roll, roll down and up (weight should be on right)

4 Step forward onto left foot (recovering weight onto left)

Alternative move to body roll:

JUMP BACK ON RIGHT LEFT, HOLD (SNAP YOUR FINGERS OR CLAP), JUMP FORWARD ON RIGHT LEFT, HOLD (SNAP YOUR FINGERS OR CLAP)

Lump quickly back on right and left feet, hold while snapping your fingers or clapping once
Jump quickly forward on right and left feet, hold while snapping your fingers or clapping once