# **Hurricane Fresh**



Compte: 32 Mur: 4 Niveau: Intermediate Chorégraphe: Jo Kinser (UK), John Kinser (UK) & Maurice Rowe (USA)

Musique: Hurricane Fresh - MC Lars

hands out to sides



#### **ROCK AND STEP X4**

| 1&2 | Press right forward in front of left & clap hands, recover weight left, step right next to left & hands out to sides  |
|-----|-----------------------------------------------------------------------------------------------------------------------|
| 3&4 | Press left forward in front of right & clap hands, recover weight right, step left next to right & hands out to sides |
| 5&6 | Press right forward in front of left & clap hands, recover weight left, step right next to left & hands out to sides  |
| 7&8 | Press left forward in front of right & clap hands, recover weight right, step left next to right &                    |

| JUMPING JACKS (OUT-IN-KICK-CROSS TWICE), TOUCH AND TOUCH AND TAP, TAP, LUNGE |                                                                                                                           |  |
|------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|--|
| 1&                                                                           | Jump out, feet shoulder width apart, jump in (weight on the right foot)                                                   |  |
| 2&                                                                           | Kick the left foot forward, cross the left foot over the right                                                            |  |
| 3&                                                                           | Jump out, feet shoulder width apart, jump in (weight on the right foot)                                                   |  |
| 4&                                                                           | Kick the left foot forward, cross the left foot over the right                                                            |  |
| 5&                                                                           | Touch right forward, step right next to left                                                                              |  |
| 6&                                                                           | Touch left forward, step left next to right                                                                               |  |
| 7&8                                                                          | Make ¼ turn right (leave left foot in place) tap right toe slightly to right twice (end in a lunge position weight right) |  |

#### LOW IMPACT VERSION 1&, 2&, 3&, 4&

| &1 | Transfer weight to right, point left out to left side bending right knee facing right diagonal |
|----|------------------------------------------------------------------------------------------------|
| 2  | Point left forward straightening right leg facing front                                        |
| 3  | Point left out to left side bending right knee facing right diagonal                           |
| 4& | Point left over right straightening right leg, step left next to right                         |
|    |                                                                                                |

## SAILOR ¼ LEFT, RIGHT HITCH AND POINT, ½ LEFT, LEFT COASTER STEP

| 1&2 | Step left benind right, make ¼ turn left stepping right next to left, step forward left |
|-----|-----------------------------------------------------------------------------------------|
| 3&4 | Hitch right, step right next to left, point left toe back                               |
| 5-6 | Make ½ turn left, weight ends on right with left toe pointing forward                   |
| 7&8 | Step left back, step right together, step right forward                                 |

## RIGHT ROCK REPLACE BACK, DRAG AND TURN, SWITCHES LEFT & RIGHT & LEFT & RIGHT

| 1&2  | Rock right forward, recover weight left, big step back with right                                     |
|------|-------------------------------------------------------------------------------------------------------|
| 3&4  | Drag left foot to right, step left next to right, make 1/4 turn right crossing right over left (9:00) |
| 5&6& | Touch left to left, step left next to right, touch right to right, step right next to left            |
| 7&8  | Touch left to left, step left next to right, touch right to right                                     |

#### **REPEAT**

# TAG

#### Facing 3:00

#### CROSS BACK AND CROSS BACK, SIDE

| 1-2&3 | Step right across left, step left back, step right together, step left across right |
|-------|-------------------------------------------------------------------------------------|
| 4&5   | Step right back, step left together, step right across left                         |
| 6&7-8 | Step left back, step right together, step left across right, step right to right    |

# BUMP HIPS, 3 POINT TURN "ROLLING VINE" CROSS, SIDE, DRAG

| 1-2-3 | Bump hips left, bump hips right, make 1/4 turn left stepping forward left    |
|-------|------------------------------------------------------------------------------|
| 4-5   | Make ½ turn left stepping back right, make ¼ turn left stepping left to left |
| 6-7-8 | Step right across left, big step left with left, drag right to left          |