Hold On To Your Hiney



Compte: 0 Mur: 4 Niveau: Intermediate/Advanced

Chorégraphe: Cindi Talbot (CAN)

Musique: Hold On to Your Hiney - Wild Cherry



Sequence: AB AB AAB A to the end

PART A

WALK, LOOI	K, WALK, LOOK/ SHUFFLE FORWARD, PIVOT ½ TURN
1-2	Step forward right, step forward left looking to the right
3-4	Step forward right, step forward left looking to the right
5&6	Shuffle forward right-left-right

7-8 Step forward left, pivot ½ turn right putting weight on right

WALK, LOOK, WALK, LOOK/ SHUFFLE FORWARD, PIVOT ½ TURN

9-10	Step forward left, step forward right looking to the left
11-12	Step forward left, step forward right looking to the left
12011	Chuffle forward left right left

13&14 Shuffle forward left-right-left

15-16 Step forward right, pivot ½ turn left putting weight on left

ROCK FORWARD & BACK & SHUFFLE FORWARD (REPEAT ON LEFT)

17&	Rock right foot forward, replace weight on left
18&	Rock back on right, replace weight on left
19&20	Shuffle forward right-left-right
21&	Rock left foot forward, replace weight on right

22& Rock left foot back, replace weight on right

23&24 Shuffle forward left-right-left

BIG STEP 1/4 TURN/ SHAKE YOUR HIPS/ BIG STEP 1/2 TURN/ SHAKE YOUR HIPS

25-26	lake big step forward with right making ¼ turn left, slide left foot next to right
27&	Put hands on hips and push hips left putting weight on left, push hips right changing weight
28&	Push hips left, push hips right taking weight on right
29-30	Take big step to left side with left pivoting ½ turn on ball of left foot swinging right foot around to touch beside left
31&	Put hands on hips and push hips right putting weight on right, push hips left
32&	Push hips right, push hips left putting weight on left

PART B

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REACH & PULL/ REACH & PULL/ SCUFF HITCH TURN/ HIP SHAKE

REACH & FULL/ REACH & FULL/ SCUFF HITCH TURN/ HIP SHAKE		
Reach forward with both hands at waist level while stepping forward with right		
Step left forward but slightly behind right, step right forward while pulling hands back to side of body		
Reach forward with both hands		
Step left forward but slightly behind right, step right forward while pulling hands back to sides of body		
Scuff left foot beside right, hitch left knee making ¼ turn right		
Step down on left		
Put hands on back of hips fingers pointing down pushing hips right then left		

STEP ½ TURN/ STEP ½ TURN / SHUFFLE FORWARD / STEP ½ TURN

Push hips right then left

9-10 Step forward on right, pivot ½ turn left, putting weight on left

11-12	Step forward on right, pivot ½ turn left, putting weight on left
13&14	Shuffle forward right-left-right
15-16	Step forward on left pivot ½ turn right putting weight on right

REACH & PULL/ REACH & PULL/ SCUFF HITCH TURN/ HIP SHAKE

17-24 Repeat 1-16 on opposite side

STOMP HOLD (2X)/STEP ½ TURN/ STEP ½ TURN/ SHUFFLE FORWARD/ STEP ½ TURN

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25-26	Step forward on left, hold
27-28	Step forward on right, hold
29-30	Step forward on left, pivot ½ turn right
31-32	Step forward on left, pivot ½ turn right
33-34	Shuffle forward left-right-left
35-36	Step forward on right, pivot ½ turn left putting weight on left