

# Heart On My Sleeve

Compte: 52

Mur: 2

Niveau: Intermediate

Chorégraphe: Glynn Rodgers (UK) & Lyn Kent (UK)

Musique: Turn the Lights Out When You Leave - Elton John



## CROSS, SIDE ROCK, CROSS, SIDE ROCK, BACK, TURN, CHASSE RIGHT

- 1&2 Moving slightly forward, cross right over left, rock left to left side, recover weight onto right  
3&4 Moving slightly forward, cross left over right, rock right to right side, recover weight onto left  
5-6 Step back right, make  $\frac{1}{2}$  turn left stepping forward left  
7&8 Step right to right side, close left to right, step right to right side

## TURN, CHASSE, CROSS TWINKLE, CROSS TWINKLE TURN, CROSS, SIDE ROCK

- & Hitch left knee turning  $\frac{1}{4}$  left  
1&2 Step left to left side, close right to left, step left to left side  
3&4 Cross right over left, close left to right, step right to place  
5&6 Cross left over right, make  $\frac{1}{2}$  left on the spot stepping right & left  
7&8 Cross right over left, rock left to left side, recover weight onto right

## TOUCH, UNWIND, SIDE & CROSS, EXTENDED GRAPEVINE, SIDE ROCK

- 1-2 Touch left behind right, unwind  $\frac{3}{4}$  turn left  
3&4 Rock right to right side, recover weight onto left, cross right over left  
& Step right to right side

### Restart here on walls 3 & 6

- 5 Cross left behind right  
&6 Step right to right side, cross left over right  
7-8 Rock left to left side, recover weight onto right

## HINGE TURN, HOLD, CLOSE, TURN, ANCHOR STEP, BACK, LOCK STEP, TURN

- 1-2 Turn  $\frac{1}{2}$  left stepping left to left side, hold  
&3 Close right to left, turn  $\frac{1}{4}$  left stepping forward left  
4&5 With right behind left rock weight on right, recover weight onto left, step slightly back onto right  
6&7 Step back left, cross right over left, step back left  
8 Turn  $\frac{1}{2}$  right stepping forward right

## SWAY, CLOSE, CROSS SHUFFLE, TURNING HEEL SWITCHES

- 1-2 Sway hips left & right  
& Close left to right  
3&4 Cross right over left, step left to left side, cross right over left  
5&6 Turn  $\frac{1}{4}$  left digging left heel forward, step left to place, dig right heel forward  
& Turn  $\frac{1}{4}$  left stepping right to place  
7&8 Dig left heel forward, step left to place, dig right heel forward  
& Step right to place

## STEP, PIVOT TURN, TURN, QUICK ROCK, ROCK, BALL CROSS, TURN, CLOSE

- 1 Step forward left  
2&3 Step forward right, pivot  $\frac{1}{2}$  left, turn  $\frac{1}{2}$  left stepping back right  
4& Rock back left, recover weight onto right  
5-6 Rock forward left, recover weight onto right  
& Step left beside right  
7 Cross right over left

8& Turn ¼ right stepping back left, close right to left

**ROCK STEP, TRIPLE TURN**

1-2 Rock forward left, recover weight onto right

3&4 Triple full turn left stepping left-right-left

**REPEAT**

**RESTART**

On walls 3 and 6, dance only counts 1-20& before restarting the dance

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